

SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University

Criterion 7

Institutional Values and Best Practices

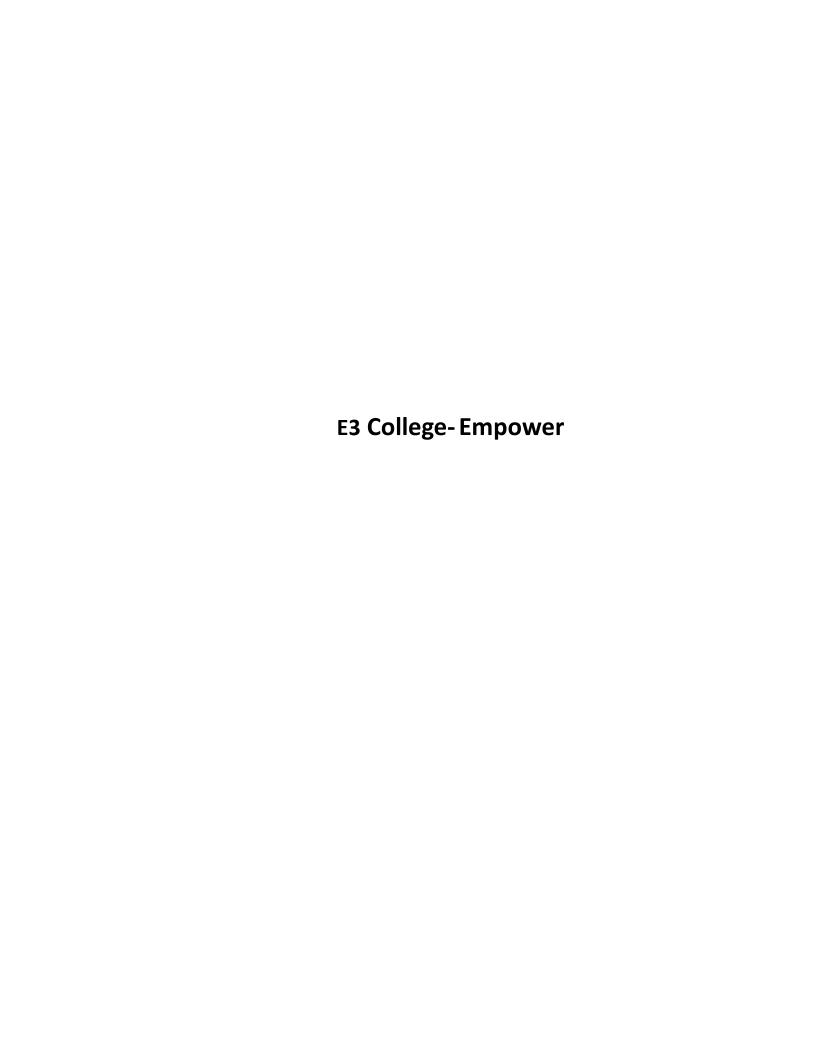
7.2 Best Practices

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Two Best Practices

- 1. E3 College- Empower, Environment, Empathy
- 2. E3 Society- Empower, Environment, Empathy

E3 College- Empower, Environment, Empathy





Anti drug club Formation

The anti drug Club of SES College Sreekandapuram was formed to make awareness against drugs among students. As a preliminary step, Smt. Sunitha Joseph, Asst. Professor of Economics as the Convenor, enrolled 22 student members who possessed an inherent interest to work for the anti-drug programme activities in spite of belonging to varied disciplines. Till date the Club held different programmes in the college campus.

Anti drug Activities 2022-23

Caption Writing Competition





The college organized thought-provoking event, the "Anti-Drug Awareness Caption Writing Competition," aimed at raising awareness about the dangers of drug abuse among our student community. The event was a great success, fostering creativity, awareness, and a sense of responsibility among the participants.





Anti Drugs awareness class (30-06-2022)

In association with Janamithri police, the awareness class against the dangers of drugs was organized in the campus. Principal Dr. Dominic Thomas presided over the function and Sri. Regunath K V, the sub inspector of police Sreekandapuram police station, inaugurated the function. In his motivational and inspiring class he illustrated that despite substantial attention to misuse of alcohol among college students, less is known about drug use on college campuses and the students should be aware of the dangers of drug abuse.



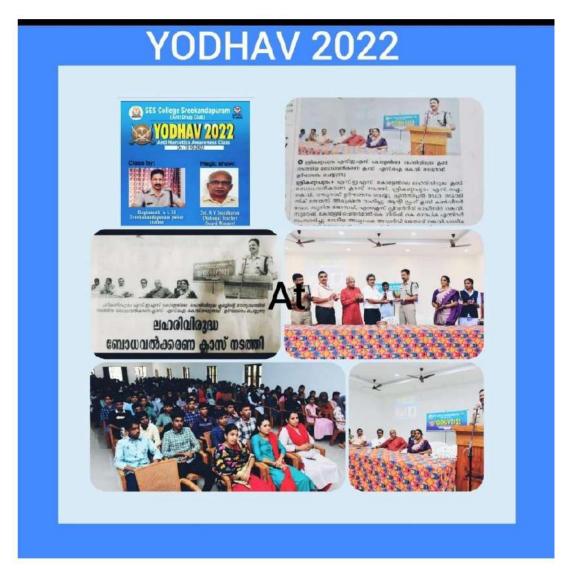






YODHAV 2022 on 13-10-2022

An antidrug campaign was conducted in the campus to create awareness about the harmful effects of drug usage. This program is arranged in corporation with Janamithri Police sreekandapuram .College principal Dr. Dominic Thomas presided over the meeting. The main attraction of the programme was the magic show of K V Sasidharan, the national award winner for best teacher. The Magic show gave awareness about the ill effect of drug and interacted with the students about the importance of campus community to prevent alcohol and drug related incidents.





Anti-drug Flash mob

The flash mob to provide awareness in the society against drug abuse was performed by the students of Anti-Drug unit club students of the college. Students were advocated to stand against alcohol and drugs by explaining the harmful effects of drug usage through the show. A pledge against drug usage is taken by students.







Anti-drug Quiz Competition

The anti-drug quiz competition was conducted on 14th October 2022 to augment the output of the members of the club and thereby imparting these values to the student community as a whole. The students actively participated in the programme.







The first prize of the quize competition was awarded to department of chemistry and the second prize was awarded to the Department of physics



Anti-Drugs awareness class (27-02-2022)

The anti-drug awareness webinar against the dangers of drugs was organized on 27th February 2022 under the auspicious of college Anti-drugs club in association with NFPR (National Forum For People's Rights.. Sri Rajeesh Maragalath, Inspector of Police Inaugurated the function.Sri.Pradeepan maloth (Trainer and counselor) gave the awareness class to the students. The objectives of this Programme is to prevent youth from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effects of illicit drug use.









Anti-Drugs Exhibition

Anti-drugs exhibition was conducted in the college campus on the same day in order to provide awareness to the students against drugs. The students actively participated in the programme



The abuse of alcohol and illicit drugs continues to be a major health problem internationally. Prevention of substance abuse among adolescents requires awareness and exhibition that was conducted in the college helped a lot to make awareness about drugs among students.

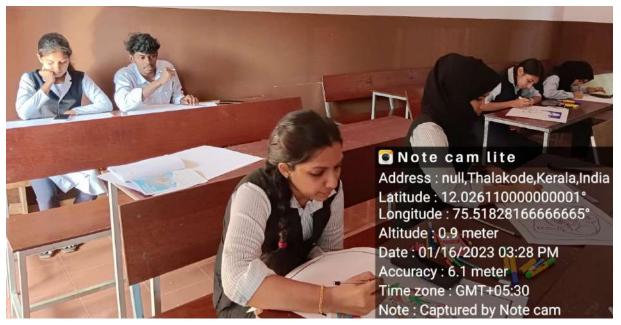




Drawing Completion in association with sreekandapuram municipality

A drawing competition for the anti-drug awareness to students was organized by Anti-drugs club of SES College under the auspicious of Sreekandapuram Municipality. The event was part of awareness campaign among students in the college.







Penalty shootout completion in association with department physical education

To make awareness about the ill-effects of drugs and the need to fight against it, a football penalty shootout competition in association with physical department was organized in the campus.









Department of commerce SES college Sreekandapuram organised a webinar on 23/06/2022 on career opportunities in association with AVODHA EDUTECH at 7:30pm. This webinar mainly targeted prospective students of the commerce department. This webinar created awareness about the Chalo India startup program. The objectives were :how to choose your career? How to be an entrepreneur? Importance of skills etc. The session was handled by Muhammad Hakhil. B. K, career expert of Avodha. The resource person gave detailed information about the entrepreneurship programs. 62 students joined this webinar. Welcome speech was delivered by Albin Mathew ,3rd Bcom and Vote of thanks delivered by Rushda K. P from 3rd Bcom.

BCom Activity Report 2022-2023, Department of Commerce

FINANCIAL LITERACY MONTHLY QUIZ COMPETITION



SES college Sreekandapuram Commerce department conducted a Financial literacy monthly online quiz competition on 15/07/2022 at 7:30pm-8:00pm using google form. This programme was conducted for the improvement of general financial awareness of students. 50 students participated and we selected two as the Victors. Winners were Pranav A. S 3rd DC Maths & Gopika K. K 3rd DC Economics

CERTIFICATE COURSE

Travel and tourism



SES college Sreekandapuram Department of commerce has conducted a certificate course in Travel and tourism. It is a course created with a view to equip students to acquire knowledge in Travel and Tourism. The course was coordinated by Jasna P, Assistant professor Department Of commerce and the course was framed for 30 hours .The course started from 16/07/2022. 55 students enrolled in this course.

CERTIFICATE COURSE

Computerized Accounting



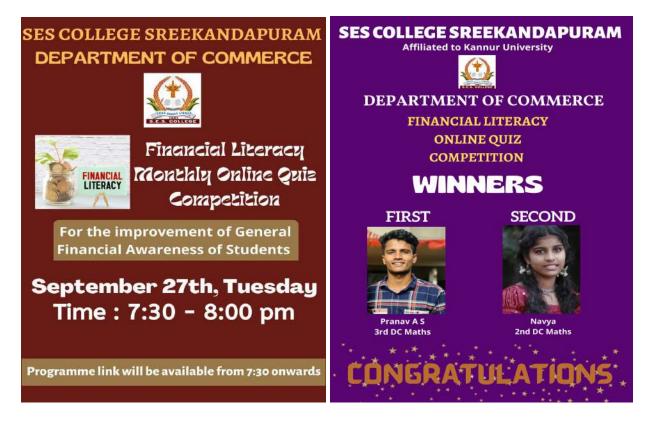
SES college Sreekandapuram Department of commerce has conducted a certificate course in computerized accounting. The certificate course was created with a view to equip students to acquire knowledge in computerized accounting using Tally. This course is only for non-commerce students. The course coordinated by Jumaila k, Assistant professor Dept. Of commerce and the course framed for 30 hours duration. The courses started from 16/07/2022. 60 students enrolled in this course.

Take the right step towards the career



Department of commerce and Career Guidance Cell of SES college Sreekandapuram in association with Kannur University, Career Guidance Cell organised a career guidance program on 25-07-2022 Monday at 11am. This program was exclusively for commerce graduates. The main objectives were: how to choose the right course?, Developing a vision and focus towards our career etc ... This session was handled by CA Sreejith Kuniyil, Managing partner Capitaire. He gave detailed information about the professional courses available for commerce graduates. 90 students joined this session. Welcome speech was delivered by Jasna .P, Assistant professor &HOD, Department of Commerce. Session inaugurated by Principal Dr Dominic Thomas sir. Vice Principal Dr Reena Sabastian, SES College career guidance cell coordinator Dr Pradeep KV, Dr Sajeesh TJ(IQAC Coordinator) Felicitated the session. Vote of thanks was delivered by Arya P from 3rdBcom

FINANCIAL LITERACY MONTHLY QUIZ COMPETITION



SES college sreekandapuram, Commerce department conducted Financial literacy monthly online quiz competition on 27/09/2022 at 7:30pm-8:00pm using google form. Program conducted for the improvement of general financial awareness of students. 45 students participated and two were selected as the Victors, Pranav A. S 3rd DC Maths & Navya 2nd DC Maths.

TURN UP -Entrepreneurship Development Program

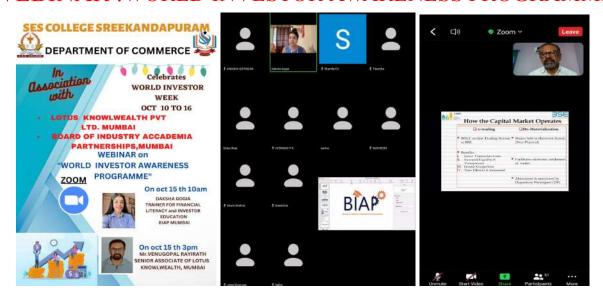
Women Entrepreneurship



Department of commerce S. E. S college Sreekandapuram organized a seminar on 10-10-2022 monday on the topic "Women Entrepreneurship " at 1:30 pm. The seminar was about women empowerment and opportunities for women entrepreneurs. The session was handled by Roshni C, faculty in RUDSET Institute, Kannur. 150 students participated in the programme. Programme inaugurated by Jasna P,HOD Department of commerce. Welcome speech was delivered by Jumaila K (Assistant Professor in commerce), Programme presided by Dr Shyni Mc(Assistant Professor) and vote of thanks given by Anagha Govindan(Assistant Professor).

SUBJECT TALK - DAY CELEBRATION

WEBINAR: WORLD INVESTOR AWARENESS PROGRAMME



SES College Sreekandapuram Commerce Department conducted a webinar on World investor week on 15 October 2022 at 10 am and 3 pm on zoom meet. The session was handled by Mrs Daksha Gogia Trainer for financial literacy and Investor education BIAP Mumbai and Mr Venugopal Rayirath, senior associate of Lotus knowlwealth, Mumbai. First session started with the welcome speech of Miss Nafila. K. K (1st B. com). It was felicitated by Anagha Govindan. The resource person clearly explained about the Financial markets and services available. 55 students participated in the session actively. Finally the program wound up by the vote of thanks of Miss Saniya (1st B. com). The second session began with the welcome speech of Nafila K. K (1st B. com). It was an interesting class for students. It was about the capital market, Investment opportunities and procedures available. 55 students participated in it. The vote of thanks delivered by Shamila kk (1st B. com)

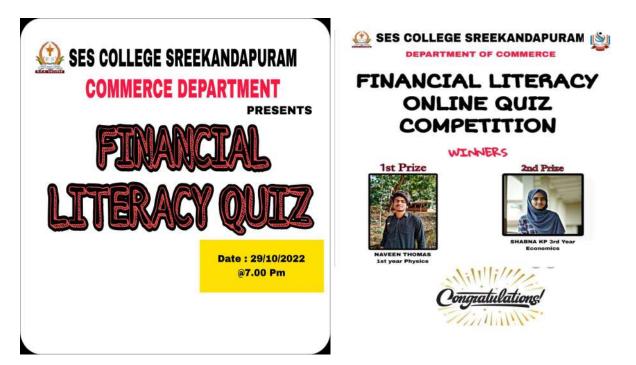
BCom Activity Report 2022-2023 Department of Commerce

ORIENTATION PROGRAM FOR STUDENTS



SES College Sreekandapuram conducted an orientation programme for first year degree students on 18-10-2022 at 10:30 am. The programme was meant to give an introduction about college, syllabus and curriculum. Smt Anumol Thomas, Co-ordinator AMS delivered a welcome speech. The Principal's message was given by Dr. Dominic Thomas, Principal SES College and the program felicitated by Reena Sebastian, Vice Principal & Dr. Sajeesh. T. J IQAC Coordinator. After that an orientation was given on student support initiatives by Dr. Sreekumar N. M (Anti-ragging cell), Dr. Pradeep K. V (Career guidance & placement cell), Dr Sunitha Joseph (Counseling cell), Smt. Nasreena (Endowment & scholarship), Sri Samson Rajan (NCC), Dr. Rejith P. P (NSS programme officer), and Jasna P (ED club Coordinator). Finally Dr. Dhanya A.C Member of AMC gave the vote of thanks for the programme.

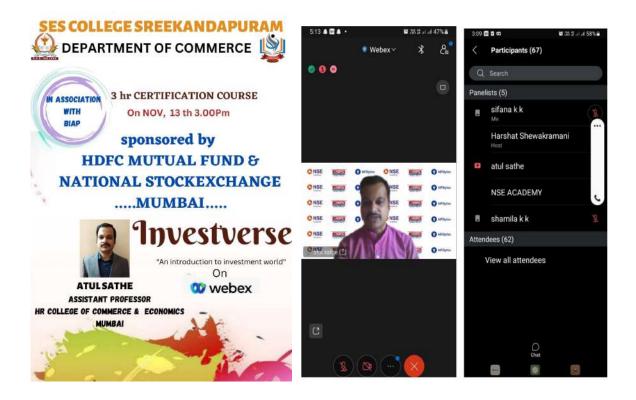
FINANCIAL LITERACY MONTHLY QUIZ COMPETITION



SES college Sreekandapuram commerce Department conducted a monthly financial literacy quiz competition on 29/10/2022 at 7.00 pm using google forms. It is conducted to improve financial awareness among students. 20 students participated and the winners were Naveen Thomas 1st year Physics and Shabna K P 3rd year Economics.

SUBJECT TALK

INVESTVERSE



Department of Commerce, SES College Sreekandapuram in association with BIAP. conducted a certification course Investverse - an introduction to investment on 13 November 2022 at 3.00 PM on Zoom Meet. The session was handled by Mr. Atul Sathe Assistant professor HR college of commerce and economics Mumbai. The course started with the welcome speech of Miss Sifana k k(2nd Bcom). It was a very useful class for students. 60 students participated in this session. Finally the program winded up by the vote of thanks of Miss Shamila K K (1st Bcom).

FINANCIAL LITERACY MONTHLY QUIZ COMPETITION



SES college sreekandapuram commerce department conducted a Financial literacy monthly online quiz competition on 28/11/2022 at 7:30pm-8:00pm using google form. It is conducted for the improvement of general financial awareness of students. 22 students participated and we selected two as the Victors. First position received by Anjali k Ramakrishnan 3rd BA English & second position goes to Sidharth Krishna 1st BBA.

SAP WORKSHOP



SES college Sreekandapuram, Department of Commerce in association with Vintage Info Solution conducted SAP workshop. The session was handled by Sajad A Jamal. It was conducted on 8th December 2022 at seminar hall between 10:30-11:30am. Welcome speech was delivered by Dr Shyni MC (Assistant Professor Department Of Commerce). The programme was inaugurated by Mrs Jasna P (HOD Department of Commerce) and felicitated by Jumaila K(Assistant Professor Department Of Commerce). Programme winded up with a vote of thanks of Athira Somanath 3 rd Bcom. 57 students participated in the program.

MANAGEMENT CONTEST



SES college Sreekandapuram commerce Department conducted a management contest in association with GIIMS on 16/12/2022. Albin Mathew and Athira Somanath were selected as finalists of best manager and the winner was Albin Mathew. 53 students participated in it.

CERTIFICATE COURSE & MoU

Practical HR



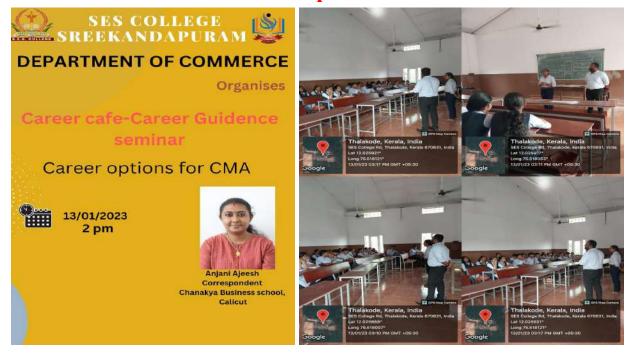
The Commerce Department of SES college Sreekandapuram organizes certificate course in Practical HR through a MoU with Breakthrough Learning, Mangattuparamba on 7/1/2023. The course duration was 30 hours . The session was on all Saturdays. The session was handled by Mr Arun Kumar K P founder and trainer Breakthrough Learning Mangattuparamba. 54 students participated in the course.

HOW TO CRACK MBA ENTRANCE EXAMINATIONS



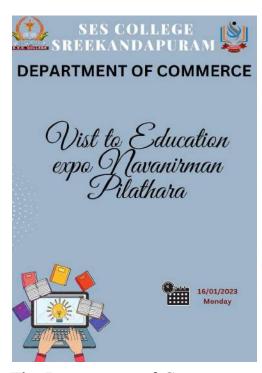
The department of Commerce SES college Sreekandapuram organised a seminar on 09/01/2023 on career opportunities at 11:30 am. This seminar was on the topic how to crack MBA examination. The session was handled by Mr Sandeep M V, assistant professor and coordinator students affairs, ITM college, Mayyil, Kannur. 54 students participated on that. Welcome speech was delivered by Jasna P HOD (Department Of Commerce) and vote of thanks by Jumaila K Assistant Professor (Department of commerce).

Career options for CMA



The commerce department of SES college Sreekandapuram conducted a seminar on 13/1/2033 at 2 pm on the topic career options for CMA. The resource person of the session was Anjani Ajeesh correspondent, Chanakya business school, Calicut. 54 students participated in this program.

VISIT TO EDUCATION EXPO

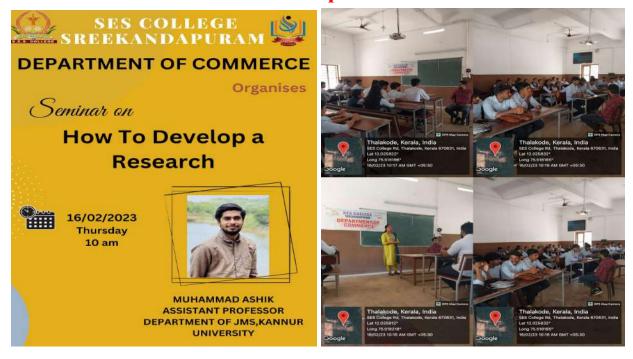




The Department of Commerce S E S college Sreekandapuram final year Bcom students visited the education expo, Navanirman Pilathara on 16/01/2023 monday. 34 final year Bcom students participated in it. The programme provides career guidance to students..

UPSCALE - RESEARCH ORIENTED PROGRAM

How to develop a research



The department of Commerce conducted a seminar on the topic "How to develop a research" On 16/02/2023 Thursday 10 am. The lecture was taken by Muhammad Ashik, Assistant professor Department of JMS, Kannur university. Above 50 students participated in it.

Right way for future



SES college Sreekandapuram Department of commerce organised a career guidance program "Right way for bright future"on 21/02/2023 at 12pm. The session was handled by Mr Muhammed Basheer. K, Marketing Manager I A M Kannur. 58 students participated in the program. Welcome speech was delivered by Varsha 3rd Bcom and Vote of thanks by Toms Rajesh 3rd Bcom.

Start a career in 6 months





SES College Department of Commerce has conducted a career guidance program on 22/02/2023 at 10am. The program was about International corporate accounts management + SAP. It was handled by Resource person Mr. Anish K Globesta, Auditor and accounts -Vytilla. The welcome speech was delivered by Rithula P, III Bcom and vote of thanks by Poornima CO, III Bcom. 55 students participated in the program.

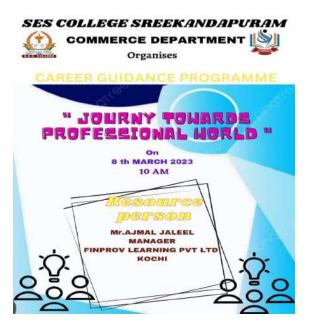
COMMUNICATIVE SKILL DEVELOPMENT PROGRAM

Think English Speak English



SES college Sreekandapuram Department commerce organized a communicative skill development program "Think English speak English "on 04/03/2023 at 6pm. The session was taken in google meet by Mr Jipin Joseph trainer Skymark Education Kannur. 61 students participated in the program. The welcome speech was delivered by Dr Shyni MC(Assistant Professor) The program was inaugurated by Jasna P(HOD Department of Commerce) and Vote of thanks given by Jumaila K(Assistant Professor).

JOURNEY TOWARDS PROFESSIONAL WORLD

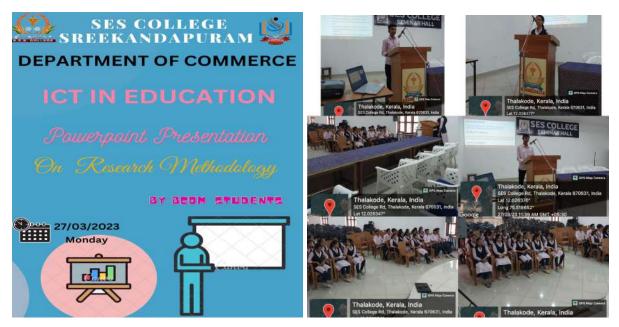




SES college sreekandapuram commerce department organized a career guidance program "Journey towards professional world" on 08/03/2023 at 10am. The program was conducted for 3rd Bcom students. The session was handled by Mr. Ajmal Jaleel, Manager Finprov learning pvt ltd Kochi. 56 students participated in this session. The welcome speech was delivered by Dr Shyni MC(Assistant Professor). The Program was inaugurated by Jasna P(HOD Department of Commerce) and Vote of thanks given by Jumaila K(Assistant Professor).

SKILL DEVELOPMENT PROGRAMME PROGRAM ON ICT

Powerpoint presentation on Research Methodology



SES college Sreekandapuram department of commerce conducted a powerpoint presentation among students. Students done ppt on research methodology. The program was mainly for 1St Bcom students. On 27/03/2023. 59 students were present topics in the session.

OUT OF SYLLABUS PROJECT

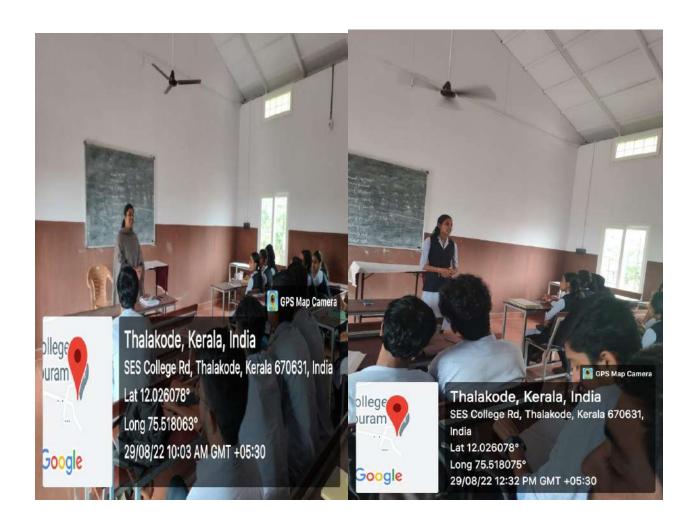


Department of commerce SES College Sreekandapuram conducted an out of syllabus project to first year B Com students. Students were grouped and visited various industries and submitted project reports.59 students enrolled in this project.

Seminar on Research Methodology

On 29th August 2022, the Department of Commerce at SES College Sreekandapuram organized a seminar on Research Methodology for the students of the Commerce department. The program was inaugurated by the principal, Dr. Dominic Thomas, and the presidential address was given by Mr. Sajeesh TJ, IQAC coordinator and HOD of the Department of Commerce. Felicitation was done by Anumol Thomas, Assistant Professor in the Department of Commerce. The session was conducted by Reshmi J K Babu, who holds a B.Com, MBA, M.Phil., and is currently pursuing a PhD in Management at Amrita Vishwa Vidyapeetham with a specialization in HRM. A total of 29 students attended the seminar. The resource person provided valuable insights on preparing research methodology, making the seminar highly productive and beneficial for the students. The workshop offered practical guidelines and a comprehensive analysis of the research methods employed.





Seminar on Entrepreneurial Opportunities

On 10th November 2022, the Department of Commerce-BBA at SES College Sreekandapuram organized a seminar on Entrepreneurial Opportunities for the students of the Commerce-BBA department. The program was inaugurated by the HOD, Dr. Sajeesh T J, and the presidential address was given by Ms. Anumol Thomas, with felicitation done by Dr. Seena P P. The session was conducted by Muhammad Sahal, an Instapreneur known as Travel_foodi. The seminar was attended by 77 students. The resource person provided valuable insights on becoming an entrepreneur through social media platforms like Instagram and Facebook. This helped the students to acquire proper knowledge of the topic. The workshop showcased real-life experiences and the challenges faced by entrepreneurs, offering motivation to the students to pursue entrepreneurship. Various tips and tricks were shared to enhance growth more quickly.









ROLE PLAY

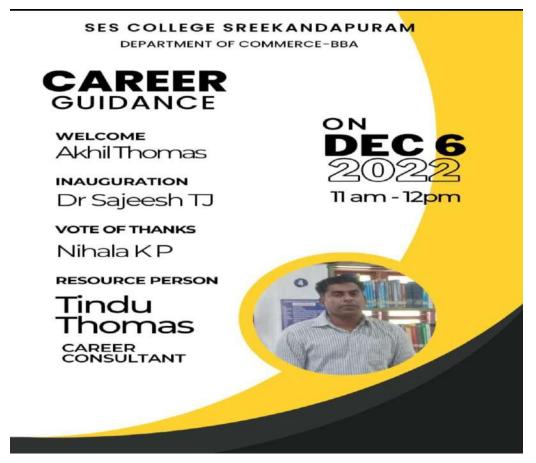
On 14 th November 2022, the department of commerce -Bba at ses college sreekandapuram organised a role play for the students of the commerce -Bba department. Total of 30 students has attended the role play. The role play has been organised by the students in accordance with the economic syllabus on demand & supply. We the students has enjoyed the programmes and activities conducted by the department





Career Guidance Programme

On 6th December 2022, the Department of Commerce-BBA at SES College Sreekandapuram organized a career guidance session for the students of the BBA department. The program was inaugurated by Dr. Sajeesh T J, IQAC coordinator and HOD of the Department of Commerce, with felicitation done by Dr. Seena PP, Assistant Professor in the Department of Commerce. The session was conducted by Tindu Thomas, who served as the resource person. The seminar was attended by a total of 29 students. The resource person provided valuable insights on various career opportunities in different fields of commerce. The session included information on pursuing an MBA degree and suggestions for various colleges. The students were provided with valuable information to help them make informed decisions regarding their career paths.





Certificate Course on SPSS for Bignners

The Department of Commerce-BBA offered a certificate course on "SPSS for biginners." The certificate course started on 3th January 2023, and a total of 29 BBA students successfully completed the course. This certificate course proved beneficial for the students as it helped them gain a comprehensive understanding of the fundamentals of SPSS, which they could apply to their project work.



Certificate Course Offered by Department of Commerce, S.E.S College, Sreekandapuram

The Department of Commerce-BBA has designed a certificate course called "SPSS for beginners" with the aim of equipping students with the knowledge of SPSS.

Course Duration:30 Hours

Course begins on 6 January 2020

Course objectives

1. To learn the basics of SPSS

2. To understand how to analyse the data with the help of SPSS.

Course Coordinator: Mr. Sajeesh T J

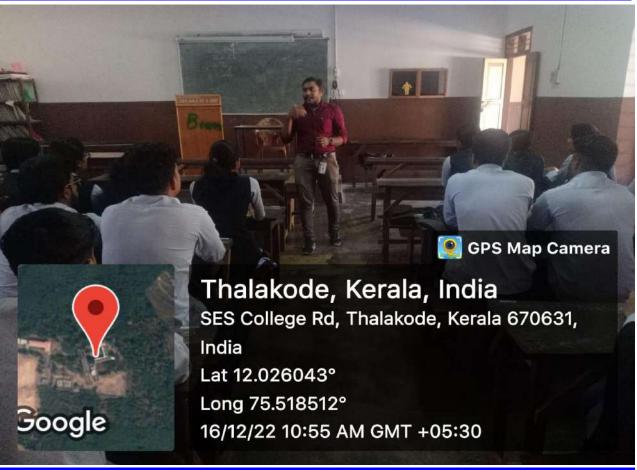
Assistant professor and HOD Department of Commerce

BEST MANAGER CONTEST

Department of Commerce-BBA, S.E.S College Sreekandapuram, in association with GIIMS, conducted a "Best Manager" competition for the BBA final year students on 16-12-2022. Twenty-eight students participated. After three rounds of group discussion, role play, and personal interview, Athul Shaji was selected as the winner and selected for the "All Kerala Best Manager Contest Season 8".

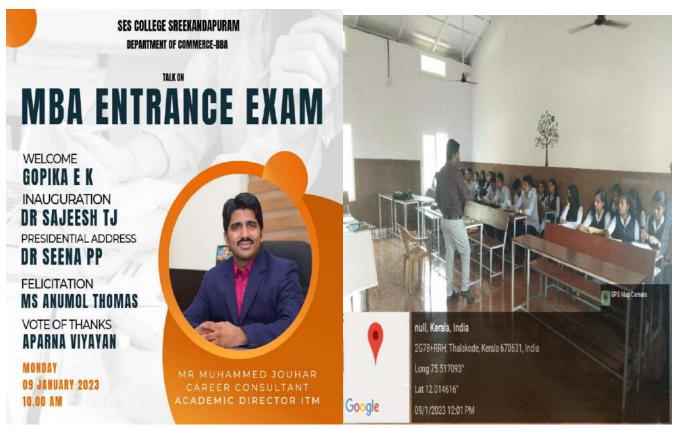






Career Guidance Programme

On Monday, 9th January 2022, the Department of Commerce-BBA at SES College Sreekandapuram organized a seminar on the KMAT (Kerala Management Aptitude Test) examination for the students of the BBA department. The program was inaugurated by Dr. Sajeesh T J, IQAC coordinator and HOD of the Department of Commerce, with felicitation done by Dr. Seena PP, Assistant Professor in the Department of Commerce. The session was conducted by Muhammed Jouhar, Director of the Institute of Technology Mayyil. The seminar was attended by a total of 28 students. The resource person provided valuable insights on the KMAT examination, which was to be conducted shortly, and highlighted the various opportunities available to the students through attending the KMAT examination. The session also provided students with career-related information and other important

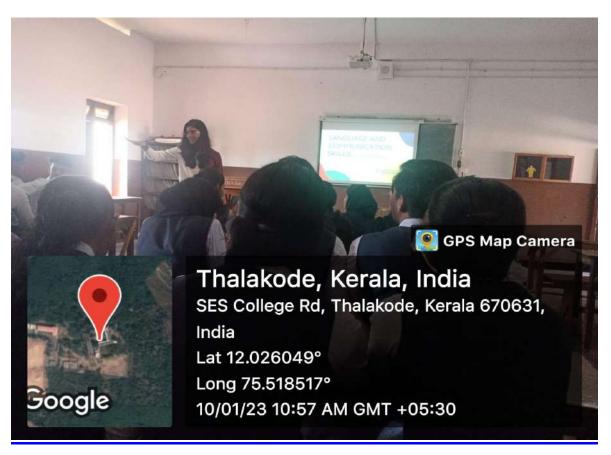


Language and communication skills program

The Department of Commerce-BBA at SES College, Sreekandapuram, conducted a language and communication skills program on 10 January 2023, and the program was facilitated by Miss Sandra Marion Siby. The aim of the program was to enhance the language and communication skills of the students. A total of 49 students attended the programme. Miss. Sandra Marion Siby took the session with great enthusiasm and passion, and the students were highly interested in the program. The program started with an introduction, and then Miss. Sandra Marion Siby gave a presentation that highlighted the importance of language and communication skills in the field of commerce. She also provided some insights about writing skills, presentation skills, and the importance of non-verbal communication. The program also featured a series of interactive activities in which the students actively participated.







Job Expo

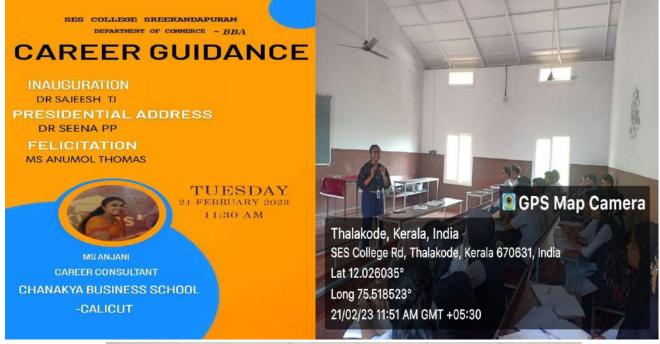
On 16th January 2023 the students of SES College Sreekandapuram Department of Commerce - BBA visited an expo conducted in St Joseph's College Pilathara. A total of 19 students attended the programme. The expo started at 10 am. It included representatives from various top colleges around the country to pursue the students to take up courses of their choices. They elaborated the course details which included the placements and loan criteria. Altogether this was good experience for the students and they were greatly benifited by this expo.





Career Guidance Programme

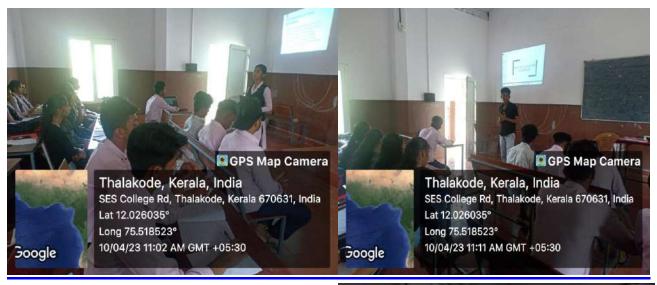
On 21 February 2023, The department of Commerce -BBA, SES College Sreekandapuram organized a career guidance session for the students of the BBA department. The program was inaugurated by HOD Dr. Sajeesh T J (IQAC coordinator and HOD, Department of Commerce) with the felicitation done by Dr.Seena PP (Assistant Prof., Department of commerce). The session was taken up by ms Anjani(career consultant -Chanakya Business School). A total of 22 students attended the seminar. The Resource person provided great insight on various career opportunities in various fields of commerce. The class provided the students with information on CMA US and more other such information.





Program on ICT: Enhancing Presentation Skills with PowerPoint

In order to familiarize students with ICT-enabled learning, a session on PowerPoint presentations was conducted on 10th April 2023. The first-year BBA students prepared PowerPoint presentations on various topics of Quantitative Techniques and presented their work. A detailed evaluation and commendation session was conducted to enhance their presentation skills. The students actively participated in the session and gained a better understanding of areas where they could improve





Academic Collaboration

As part of an academic collaboration between M G College Iritty and S.E.S College, Dr Rehin from the Department of Management Studies in Iritty co-supervised the project work and conducted a Mock Viva on 13th April 2023 for the final year BBA students of S.E.S College. The Mock Viva was conducted for the subject of the project report and viva voce. Additionally, Dr Sajeesh T J and Dr Seena P P, faculty members from the Department of Commerce-BBA at S.E.S College, Sreekandapuram, co-supervised the project work and conducted a Mock Viva on 14th April 2023 for the final year BBA students of M.G College Iritty for the subject of project report and viva voce.



INDUSTRIAL VISIT - MILMA

on 25th May 2023,we the 1 St year students of ses college Sreekandapuram, Department of commerce -Bba has visited the Milma factory at Sreekandapuram accompanied by faculties Dr.sajeesh .T J, HOD of the department of the commerce -BBA and Dr.Seena.P P Assistant professor in the department of commerce -BBA. Abhishek was the coordinator of the IV. A total of 39 students participated in this external activity. As soon as we reached the factory, they arranged for us a class regarding the working (such as processing, packing, Exporting etc..) of the factory. The process of making Ghee has also been discussed there.



CAREER GUIDANCE SEMINAR

The Career Development Cell in association with Capitair Institute organised a Career Guidance Seminar 25/07/2022, Monday. The resource person was Sri. Sreejith Kuniyil, Managing Partner of Capitaire. The seminar discussed in detail about professional courses available, career opportunities of each course, Pros and cons of each course, developing a vision towards career etc. The session was very useful for the students.

CAPITAIRE





CAREER GUIDANCE PROGRAM

S.E.S. College, Sreekandapuram 25/07/2022



Exclusively For Commerce Graduates

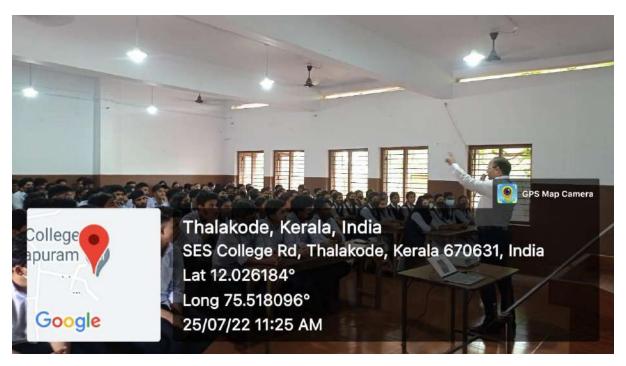
Key Takeaways

- Professional Courses available for Commerce Graduates
- Pros and cons & career opportunities under each course
- How to choose the right course
- Guidance on outlook one must have when approaching career related decisions
- Developing a vision and focus towards your career

Career Advice by



CA Sreejith Kuniyil
Managing Partner: CAPITAIRE





CIVIL SERVICE COACHING

The Career Development Cell in association with Ananta civil service academy conducted a civil service orientation class on 13/10/2022, Thursday. Tha class was handled by the Managing Director of Ananta civil service academy, Mr. Subhash Chandran. After the presentation, there was a discussion session on how to apply and prepare for the civil service examination. The students actively participated in the discussion session to clear their doubts.



SES College Sreekandapuram

(Accredited by NACC with 'B' Grade) Affiliated to Kannur University

- ► UPSC Exam patterns
- Civil Service trends in IIPSC.



Thursday Oct 13 2022 2.00 pm Onwards Seminar Hall



Featuring: Subash Chandran

Managing Director: Ananta Civil Service Academy





8281769555 🖾 anantakannur@gmail.com



"PASSWORD" - PERSONALITY DEVELOPMENT AND CAREER GUIDANCE CAMP

The Career Development Cell in association with the Kerala Government Minority Development Department organised a one day a Personality Development and Career Guidance Camp – "PASSWORD" on 6/12/2022, Tuesday. The classes were handled by faculties from the Minority Cell, Kerala Government. There were 4 different sessions in the one day camp. The students were provided tea, snacks and food free of cost. 100 students participated in the camp.





GUIDANCE FOR COMPETITIVE ENTRANCE EXAMS FOR UG SCIENCE STUDENTS

On 23-06-2022 Mr.Shejith Edathil ,Managing Director of Futuring-Crafting your Future company has given a class about various entrance exams for UG students for the final year BSc Chemistry and BSc Physics students of S.E.S college at S.E.S college. They were offering online, offline and blended mode coaching for entrance exams for science students. The participants have attended and students found it very useful. Dr.Dhanya A C, HOD,Physics has welcomed the gathering and Dr.Saumya Maria Jacob, HOD,Chemistry has delivered the vote of thanks. Participants ~ 48





TRAINING PROGRAMME ON DECISION MAKING (Soft skill)

On 24/06/2022 a Training Programme on "Decision Making" was given for final year BSc Chemistry students of S.E.S College, Sreekandapuram by Mr.Jithinshyam, Zone Trainer, Certified Life Coach in association with JCI, Taliparamba. Mr.Shyamjith K. P, President, JCI Taliparamba has also motivated the students. Participants ~ 27







"Fully Funded Higher Studies at INIs (India & Abroad) – Journey of a Researcher!" (Career Guidance Programme and Celebration of International Day of Rural Women)

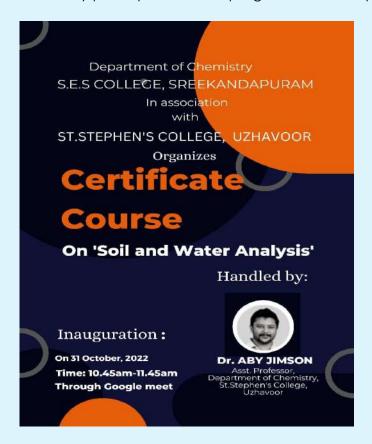
In celebrating International Day of Rural Women an inspirational talk on the Journey of a researcher Dr.Remya Tressa Jacob, Postdoctoral Researcher at the India Competence Centre (ICC-FIM) at the University of St.Gallen. She has completed her PhD (DPM) in Economics area from the Indian Institute of Management Kozhikode (IIMK), India and was also a Commonwealth Scholar at the Department of Economics, University of Essex, UK. Participants ~ 100





Inauguration of Certificate Course: "Soil and Water Analysis"

Inauguration of certificate course "Soil and Water Analysis" was done on 31st October 2022 through google meet platform from 10.45-11.45am. The session was handled by Dr.Aby Jimson, St.Stephen's College, Uzhavoor. Dr.Saumya, HoD, Chemistry ,SES and the faculties of Chemistry Department of both the colleges and Students of 3rd BSc Chemistry participated in this programme. Participants ~28



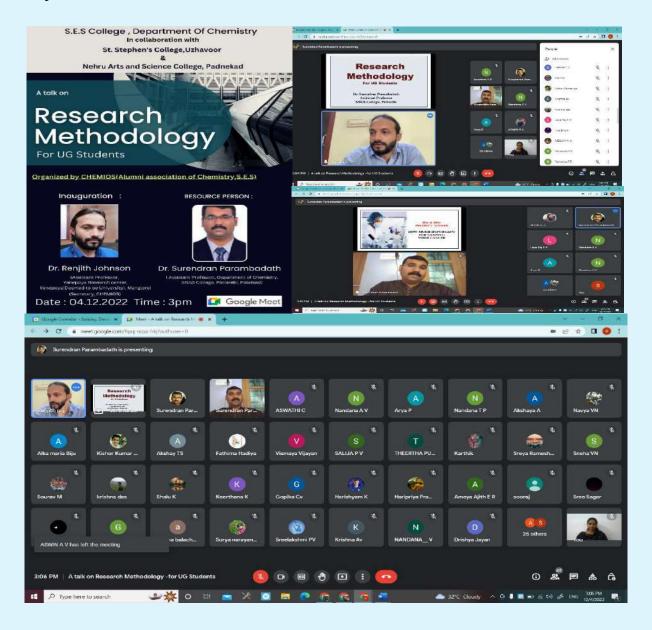




Webinar on "A Talk on Research Methodology- For UG Students"

Webinar on "A Talk on Research Methodology- For UG Students" was organized by S.E.S College, Sreekandapuram in collaboration with St. Stephen's College, Uzhavoor and Nehru Arts & Science College Padnekad. The programme was organised by CHEMIOS(Alumni Association of Chemistry, S.E.S) on Sunday, December 4th 2022 at 03:00 pm. The webinar was inaugurated by Dr.Renjith Johnson, Assistant Professor, Yenepoya Research Center, Yenapova (Deemed to be University) - Secretary, CHEMIOS. Dr.Surendran Parambadath, Assistant Professor, Department of Chemistry, SNGS College, Pattambi was the resource person.

Participants ~ 65



ORIENTATION PROGRAMME (FOR 3RD BSc CHEMISTRY STUDENTS)

On 21st December 2022 Department of Chemistry organized an orientation programme for final year BSc Chemistry students regarding the project opportunities provided by CIPET Palakkad. It was conducted at 10am through Google Meet platform. The session was handled by Nikhil K R, Domain Trainer, CIPET Palakkad. All 3rd year Chemistry students and faculties participated in this programme. Participants ~ 19



INDUSTRIAL VISIT TO INNATE BIOLABS, VADAKARA

All the faculties and students of 3rd BSc Chemistry visited Innate Biolabs, Vadakara, Calicut on 9th February 2023. Various instruments and analysis methods were explained by the staff of Innate Biolabs to the students. Department of Chemistry S.E.S College and Innate Biolabs, Calicut signed a linkage for giving an opportunity to students to understand the various chemical and bacterial analysis of drinking and waste water through industrial visit and training. Participants ~25









LINKAGE WITH INNATE BIOLABS, VADAKARA

LINKAGE

DEPARTMENT OF CHEMISTRY, S.E.S COLLEGE SREEKANDAPURAM & INNATE BIOLABS, CALICUT

This Linkage is signed between Innate Biolabs, Vadakara, Calicut (first party) and Department of Chemistry, S.I. S.College, Sreekandapuram. It is agreed jointly by Innate Biolab, Calicut, and the Department of Chemistry for giving an opportunity to students to understand the various chemical and bacterial analysis of drinking and wastewater through industrial visit and training through lectures during the Academic year 2022-23. Both parties have discussed in detail the area of cooperation and agreed to make the linkage. Now it is agreed between the parties with the following terms and conditions.

Terms and Conditions

- 1. The first party will extend facilities to visit Innate Biolabs and agree to deliver lectures and training on water analysis.
- 2.No rent or incidental charges shall be paid by the first party to the second party. For and on behalf of

Institution .	Innate Biolabs, Calicut	Department of Chemistry S.E.S College.Sreekandapuram Kannur.Kerala-670631
Party	First Party	Second Party
Name	Ajesh. V.M	SALIJA-PV
Designation	Magazina Partn	HOD , Chemistry
Signature and seal	09	SALUA PV. SALUA PV.

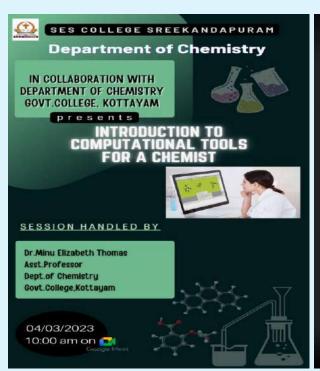
QUIZ COMPETITION (CELEBRATION OF NATIONAL SCIENCE DAY)

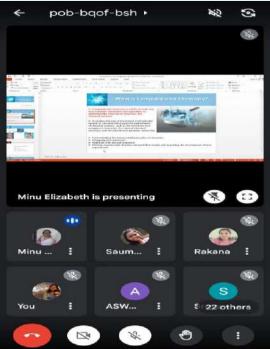
A quiz competition was conducted on 2^{nd} March 2023 in celebration of National Science Day in association with Science Club. Students from various departments of S.E.S College participated in this programme. Anagh P of Physics Department got the first prize. Participants ~ 4



CLASS ON INTRODUCTION TO COMPUTATIONAL TOOLS FOR A CHEMIST

A class on introduction to computational tools for a chemist was conducted on 4^{th} March 2023. The session was handled by Dr.Minu Elizabeth, Assistant Professor, Government College, Kottayam. It was conducted at 10am through Googlemeet. All students of 3^{rd} and 2^{nd} BSc Chemistry participated in this class. Participants ~ 29





LINKAGE WITH GOVERNMENT COLLEGE, KOTTAYAM

LINKAGE

DEPARTMENT OF CHEMISTRY, S.E.S COLLEGE SREEKANDAPURAM & DEPARTMENT OF CHEMISTRY, GOVT.COLLEGE, KOTTAYAM

This Linkage is signed between Department of Chemistry, Govt. College, Kottayam (first party) and Department of Chemistry, S.E.S College, Sreekandapuram (second party). It is agreed jointly by both the parties to share information through conducting seminars, talks etc for the students of S.E.S College by a faculty of the Department of Chemistry, Govt. College, Kottayam, and agreed to make the linkage. Now it is agreed between the parties with the following terms and conditions.

Terms and Conditions

- 1. The first party will conduct seminars talks etc through online platforms for BSc Chemistry students of S.E.S College
- 2. No fee or incidental charges shall be paid by the first party to the second party. For and on behalf of

Institution	Department of Chemistry Govt. College, Kottayam Kerala-686013	Department of Chemistry S.E.S College, Sreekandapuram Kannur, Kerala-67063'l
Party	First Party	Second Parts
Name	Prof.(Dr.) Seno Jose	Salija.P.V
Designation	Professor and Head, Department of Chemistry, Govt. College, Kottayam	Asst.Prof. and Head, Department of Chemistry, S.E.S College, Sreekandapuram
Signature and seal	Dr. SENO JOSE MSc, PhD Associate Professor of Chemistry Government College Kottayam Nattakom P.O., Kottayam - 686 013	SALIJA P.V. SALIJA P.V. Assistant Professor Department of Chemistry S.E.S College S.E.S ndapuram-670631

CLASS ON CAREER GUIDANCE AND COMPETITIVE EXAM

On 9^{th} March 2023, the Department of Chemistry conducted a class on Career and Competitive exam Guidance at 1.00pm. The session was handled by Ramshad K (IIT-Madras, NIT-C). The students of 2^{nd} and 3^{rd} BSc Chemistry participated in this programme. Participants ~ 26

S.E.S College, Sreekandapuram Department of Chemistry

Organizes

Guidance for Competitive exams for UG students.

S(Session handled by R/RAMSHAD K [C[CSIR-JRF, GATE, II'IIT-Madras, NIT-C]



Date: _- 9 March 2023

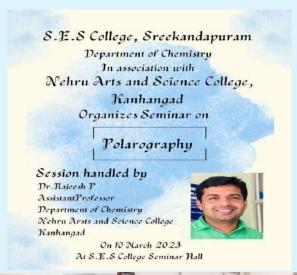
Time: 1.00 pm - 2.00pm

At: S.E.S College, Sreekandapuram



SEMINAR ON POLAROGRAPHY

A seminar on polarography was conducted on 10th March 2023 at 10pm. The session was handled by Dr. Rajeesh P, Assistant Professor, Department of Chemistry, Nehru Arts and Science College, Kanhangad as a part of MoU. The students of 3rd BSc Chemistry and the faculties attended the seminar. Participants ~ 25





SELECTION OF BEST STUDENT- TEACHER (2022-23)

The selection of best student- teacher in the department of Chemistry for the academic year 2022-23 was conducted on 17^{th} March 2023 for the improvement and recognition of the teaching skills of the students. The programme was held at 1.30pm. Krishnadas N M of 3^{rd} BSc Chemistry was selected as the Best Student-Teacher. Participants ~ 25



A CLASS ON LAB SAFETY MEASURES AND COMPETITIVE EXAM GUIDANCE

A class on Lab safety measures and competitive exam guidance was given to the students of 2nd and 3rd BSc Chemistry on 20th March 2023 at 12 pm. The session was handled by Hariprasad C K, SERAH (Science Education, Research and Activity Hub), CSIR-JRF, IISER Pune. Participants ~34



WORKSHOP ON RESEARCH METHODOLOGY

IQAC and PG Department of Commerce organized a workshop on research methodology for final year B.Com and M.Com students on 24th January 2023 @ 10 AM at smart room.

Resource Person: Fr. Dr. Jinu Vadakkemulanjanal (Principal, Vimal Jyothi Institute of Management and Research, Chemperi)

Number of participants: 42



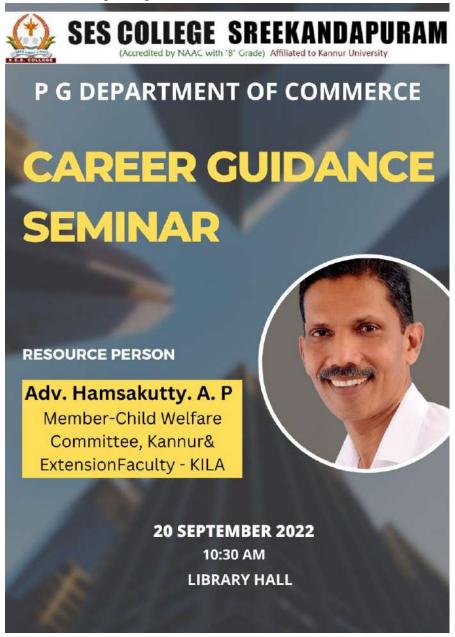


CAREER GUIDANCE SEMINAR

PG Department of Commerce conducts a career guidance seminar for both ug and pg students on 20^{th} September 2022 at 10.30 AM .

Resource Person: Adv. Hamsakutty A P (Member – child welfare committee, Kannur and extension faculty -KILA)

No. of students participated :70





A SYMPOSIUM ON INTERNATIONAL ENTREPRENEURSHIP

PG Department of Commerce organizes a symposium on International entrepreneurship and ED Club inauguration on 20^{th} February 2023 at 10.30 AM .

Resource person & inaugurator: V JOSEPH MATHEW (Coal Mining Business, Indonesia)

No. of students participated: 90





CERTIFICATE COURSE IN DIGITAL MARKETING

Our department offered a certificate course, "DIGITAL MARKETING" for final year B.Com students. A thirty hour classes has been provided which started in the month of November 2022.



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University

P G DEPARTMENT OF COMMERCE



CERTIFICATE COURSE IN GOODS AND SERVICE TAX

Our department offered a certificate course, "GOODS AND SERVICE TAX" for final year M.Com students. A thirty hour classes has been provided which started in the month of November 2022.



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University

P G DEPARTMENT OF COMMERCE



TALK ON WOMEN EMPOWERMENT

PG Department of Commerce organises a talk on women empowerment on 10th March 2023 at 10.30 AM which will encourage our students very much.

Resource Person: smt. Vilasini Teacher (social worker, Resource person - KILA)

No Of Participants: 70



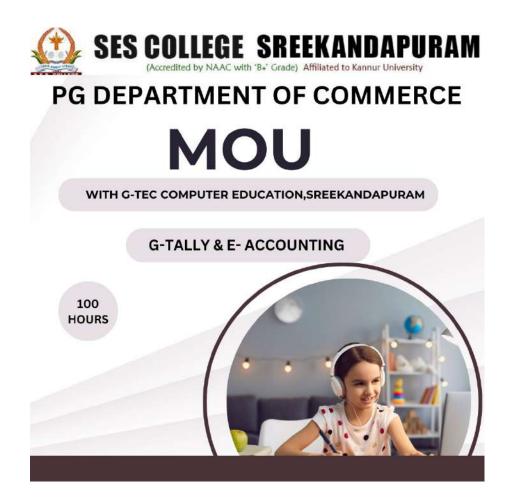


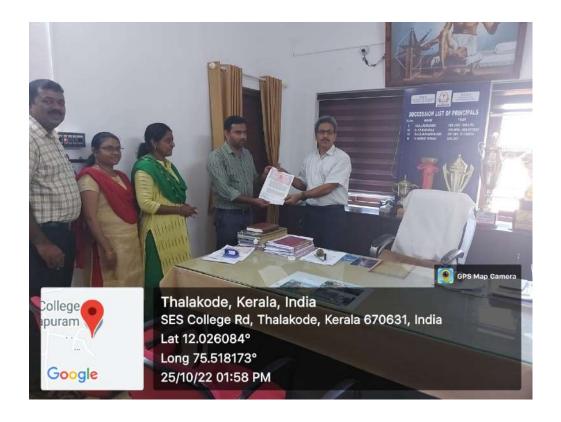
MOU With G-TEC COMPUTER EDUCATION

Our Department enter an MOU programme with G-TEC Computer Education Centre, Sreekandapuram on 25th october 2022.

Programme: G-Tally & E- accountig (100 Hrs)

No Of Participants: 5





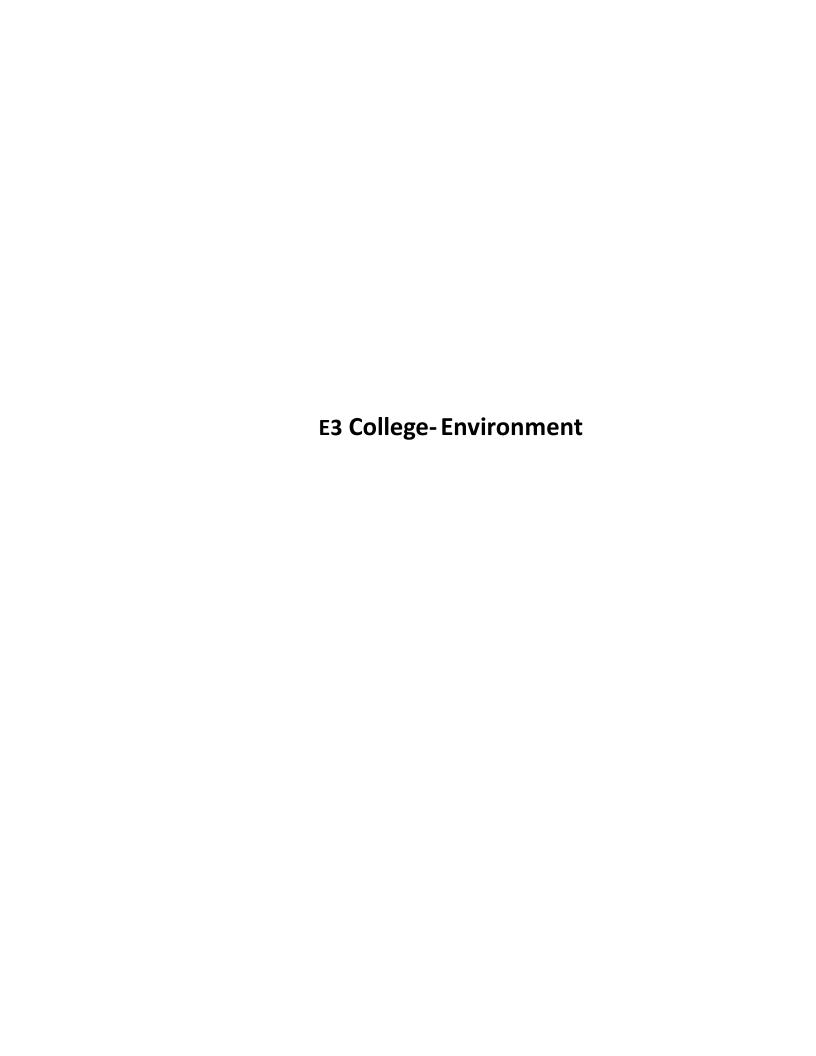


CAREER ORIENTATION CLASS

08/06/2022

The department conducted a career orientation class on the topic, "Emerging job opportunities in visual media". The session was handled by Sri. Deepu Jose, Assistant Professor in the department of Mass Communication and Journalism. 40 students from the final year class participated in the programme.





WORLD ENVIRONMENT DAY 05/05/2022

On the occasion of World Environment Day 5th June 2022, the NCC cadets of S.E.S. College, Sreekandapuram planted trees to convey the importance of a safe and healthy environment. The message was "Plant a Tree, save the Earth" and keep our environment safe and healthy. The cadets could successfully convey the importance of saving our environment.





WORLD ENVIRONMENT DAY

On the occasion of World Environment Day 5th June 2022, the NCC unit of S.E.S. College, Sreekandapuram conducted an Environment Day Photography contest and A Digital poster-making competition. The theme of the digital poster-making competition was "Environment". It was open to all the students of S.E.S College Sreekandapuram.





INTERNATIONAL PLASTIC BAG FREE DAY 03/07/2022

On the occasion of International Plastic Bag Free Day, 3rd July 2022, The NCC Unit of S.E.S. College Sreekandapuram, made pluckcards and paper carry bags to execute the message to use paper bags instead of plastic bags and how we can utilize wasted plastic bags. Everyone should take the oath of "3R" REDUCE, REUSE AND RECYCLE.







WORLD OZONE DAY 16/09/2022

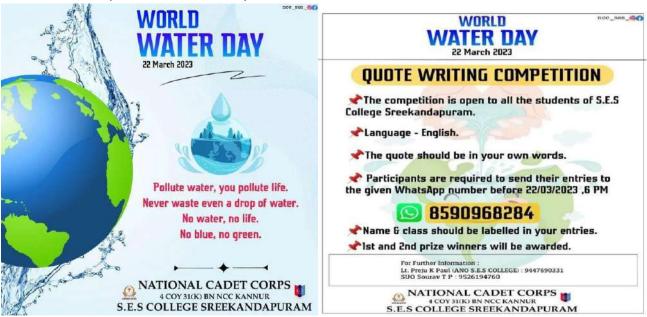
On the occasion of World Ozone Day, The NCC Unit of S.E.S College conducted a quiz competition through Google form. This quiz competition was accomplished to convey students the importance of conserving the Ozone layers in this modern world.

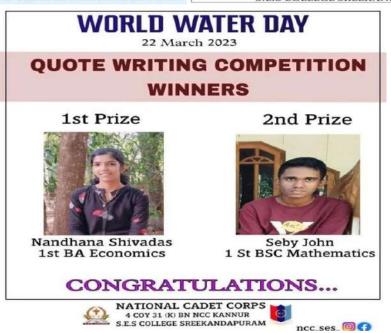




WORLD WATER DAY - 22/03/2023

On the occasion of World Water Day, 22 March 2023, the NCC Unit of S.E.S College Sreekandapuram conducted a Quote writing competition. The competition was open to all the students of S.E.S College Sreekandapuram. The quote should be in your own words. The 1 St prize winner of this competition was Cdt Nandhana Sivadas (BA Economics) and the 2nd prize winner was Cdt Seby John (BSC Mathematics). All the students actively participated in this competition. The competition was completed successfully.





PRE-MONSOON CLEANING 15/05/2023

The NCC unit S.E.S. College Sreekandapuram conducted pre-monsoon cleaning on 15th May 2023 . All the Cadets cleaned their houses and premises as part of preparations for the monsoon season. Pre- monsoon arrangement comes in our mind, after the earth is hit by the first shower. And we look for the tarapaulin sheets for steel, cement and meteariels to cover. Keep your own house and its surrounding pure and clean. This hygiene will keep you healthy and benefit your worldly life.

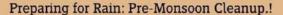
PRE-MONSOON CLEANING

15 May 2023

PRE-MONSOON CLEANING

15 May 2023







The NCC cadets of S.E.S College Sreekandapuram cleaned their houses and premises as part of preparations for the monsoon season.





PRE-MONSOON CLEANING 30/05/2023

The NCC unit of S.E.S College Sreekandapuram conducted a pre monsoon cleaning on 30th May 2023. The programme was inaugurated by Dr.Domanic Thomas(Principal S.E.S College Sreekandapuram) and conducted under the guidance of Lt.Preju K Paul (ANO of S.E.S College Sreekandapuram).

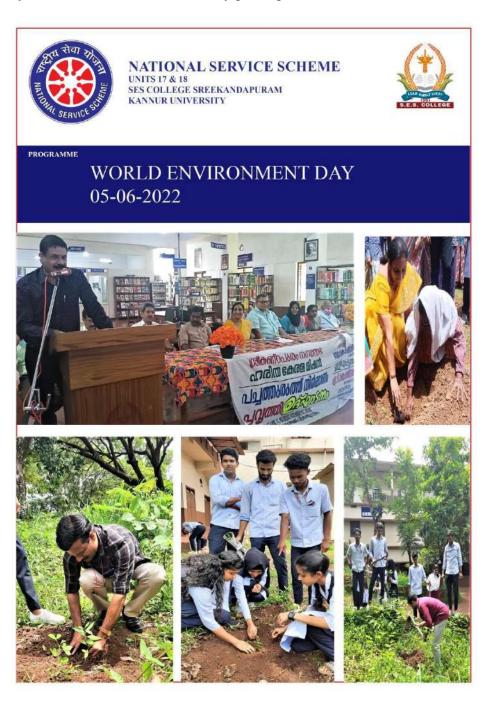
NCC cadets cleaned the college and the surroundings as a part of the pre monsoon preparation. Garbages like plastic covers, bottles and other waste meterials was removed from the surroundings. Most of the cadets participated in the cleaning mission. The programme was a great success with the active participation of NCC cadets.

WORLD ENVIRONMENT DAY

05-06-2022

World Environmental Day was celebrated by NSS units in association with Haritha Kerala Mission on 5th June 2022 by planting saplings in the home environment. World Environment Day is not just a celebration but also a reminder to take better care of our surroundings. This campaign helped the volunteers to realize the need to conserve the environment for a healthier life in future.69 students participated in this programme.

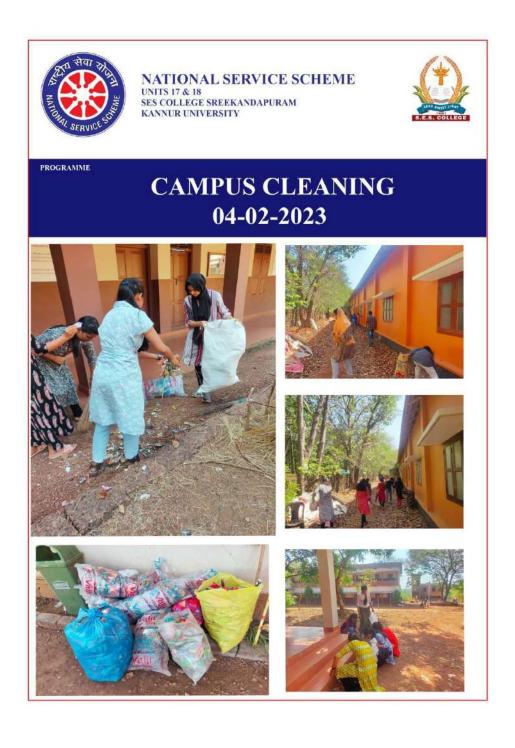
On this day NSS unit also conducted Photography contest as apart of environment day celebration.22 students actively participated in this contest.



CAMPUS CLEANING

04-02-2023

On Feb 4 67 NSS vulunteers cleaned the campus by removing all the plastics from the sorroundings.



CAMPUS CLEANING

25-02-2023

The 67 NSS volunteers took initiative for cleaning our campus with an objective to keep our campus as plastic free.

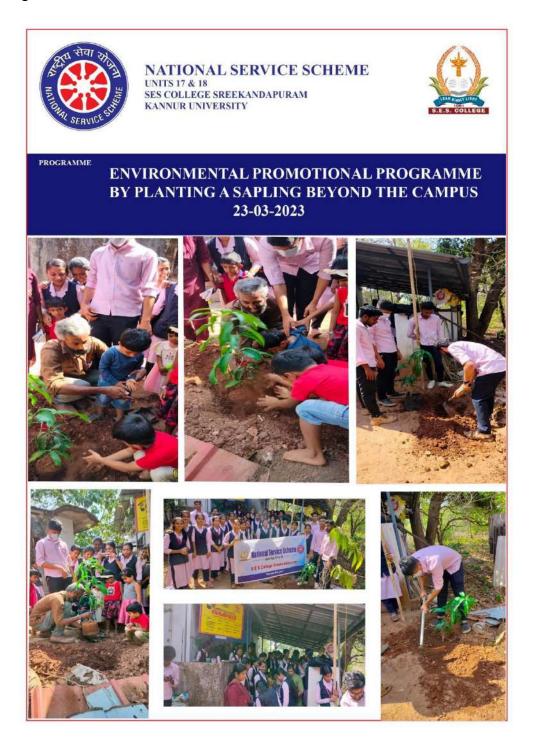


ENVIRONMENTAL PROMOTIONAL PROGRAMME

BY PLANTING A SAPLING BEYOND THE CAMPUS

23-03-2023

As part of an extension activity ,the 46 NSS vulunteers of Unit 17 & 18 undertook an environmental promotional programme by planting a sapling in the Anganawadi nearest to our college.



PLEDGE TAKING

16/08/2022

Department of Journalism and Mass Communication students have taken the 'Shoonya Zero Pollution Mobility Pledge' for a pollution free India on 16 August. All students have taken the pledge through online platform. 30 students have participated.

The pledge is took to remain committed to promoting and supporting the use of zero emmission vehicles for passenger transport and goods delivery in India.

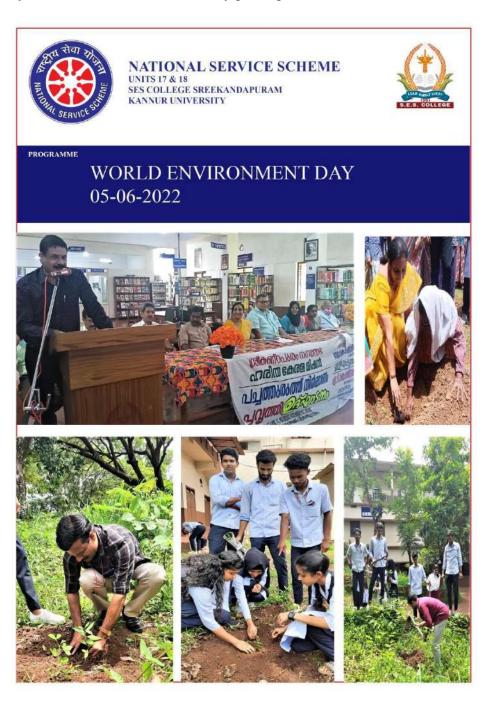


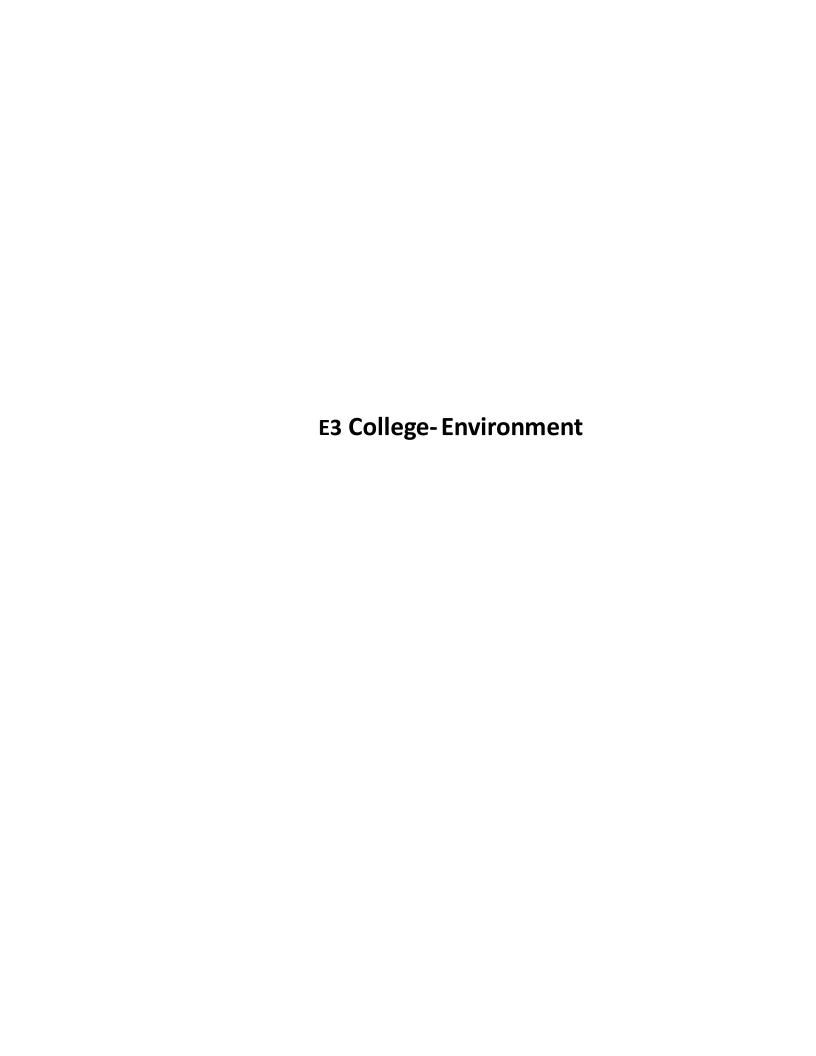
WORLD ENVIRONMENT DAY

05-06-2022

World Environmental Day was celebrated by NSS units in association with Haritha Kerala Mission on 5th June 2022 by planting saplings in the home environment. World Environment Day is not just a celebration but also a reminder to take better care of our surroundings. This campaign helped the volunteers to realize the need to conserve the environment for a healthier life in future.69 students participated in this programme.

On this day NSS unit also conducted Photography contest as apart of environment day celebration.22 students actively participated in this contest.







SES College Counselling Centre

Counselling is the service offered to the individual who is undergoing a problem and needs professional help to overcome it. A counselling centre is functioning in the college. The Centre has been established by keeping in mind the problems of students and to channelise their energy in a positive and constructive manner for finding the best in them. Our primary aim is to provide effective counselling services to students who come to us with a wide range of problems. A student who is struggling with anxiety or depression has difficulty with concentration and memory, resulting significant difficulties in colleges. The counselling centre of SES College Sreekandapuram provides counselling that results in significant improvement for as many students as possible.

co- ordinator

Smt. Sunitha Joseph, Asst. Prof. Department of Economics

Post Graduate Diploma in Counselling and Psycho- therapy

Mission

- To help in the total development of the students.
- To develop readiness for choices and changes to face new challenges.
- To help freshers to establish proper identity.
- To motivate the students from weaker sections of the society.
- To help the students in their period of turmoil and confusion.
- To identify and help students in need of special help.

Vision

Purify and strengthen the personality through guidance and counselling



The functioning of the Counselling Centre

The students can approach the counselling centre at any time. The class teachers and department heads also refer the cases. All the students are free to approach the counselling centre. Dr.. Sunitha Joseph, co-ordinator of the centre and PGDCP holder (Post Graduate Diploma in Counselling and Psycho- therapy) meet the students in the free hours and consult the cases. In certain cases counselling facility is given to the parents also. The practice of counselling and psychotherapy depends on gaining and honouring the trust of clients. The students feel free and comfort with the counselling.

Counselling room facility

A special and separate room is allotted for student counselling in order to keep the privacy and confidentiality of the counselling process.





ACTIVITIES 2022-23

Counselling camps and Life skill programmes

The purpose of any education system is not only to foster academic learning but also the all-round development of children. Academic stress, poor academic performance, cut-throat competition, drop-out, suicide, anger, violence, drug abuse, child abuse, are some of the concerns which require support of guidance and counselling. Thus under the auspicious of the counselling centre counselling camps and training classes are arranged for the students of the colleges every year. The Counselling Centre, SES college Sreekandapuram conducted one day counseling camp named INTROSPECTION -2022

JNTROSPECTJON - 22

Date	Name of the Resource Person and programme	List of counselors	Number Students
			participated
16-12-2022	Sri.satheesan MV	1.Smt .Reena	
		2.Smt.shibhila	50
	One day seminar on counseling	3.Smt mislath	
	and mental health	4.Smt.sudha A	
		5.Smt.prabha Jose	



Under the auspicious of counselling Centre, a counselling camp was organised in the college campus on 16th December 2022. Sri. Satheeshan M V, the counsellor and trainer inaugurated the programme. Counsellors were invited to the function. The students were motivated and 50 students had undergone for counselling by the particular counselling camp. It was a relief for the students.









The students were given orientation for the preparation of counselling camp. Their doubts about counselling process were cleared and they were prepared for the counselling camp with the effect of this orientation programme.



Follow up programme

One of the important factors about counselling is that there should be follow up after the counselling sections. After the camp the counsellors visited the college and done the follow up by meeting the students. We are thankful to the counsellors and appreciate their willingness to help the students.

"Counselling is a series of direct contact with the individual which aims to offer him assistance in changing the attitudes and behaviour."

- Carl Rogers

Individual Counselling

Name of the	Date	Name of the Resource	Number
Programme		Person	Students
rrogramme			participated
Individual	2022-2023	Under –SES College	250-sessions
Counselling		Counsellingcentre	(student
			counselling

The functioning of the Counselling Centre

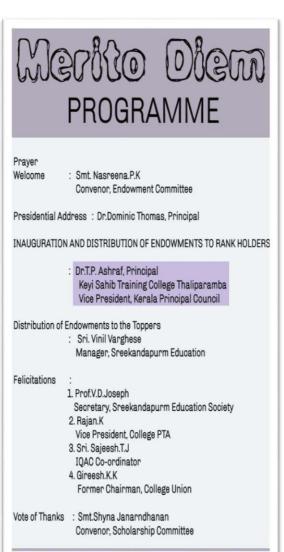
The students can approach the counselling centre at any time. The class teachers and department heads also refer the cases. All the students are free to approach the counselling centre. Dr. Sunitha Joseph, co-ordinator of the centre and PGDCP holder (Post Graduate Diploma in Counselling and Psycho- therapy) meet the students in the free hours and consult the cases. In certain cases counselling facility is given to the parents also. The practice of counselling and psychotherapy depends on gaining and honouring the trust of clients. The students feel free and comfort with the counselling.



2021-22 & 2022-23 MERITO DIEM ANNUAL REPORT

Due to Covid scenario, the Merito Diem of 2021-22 was organised only in 2022-23. Thus, the Merito Diem of 2021-22 and 2022-23 were celebrated together on Jan 31, 2023. 44 endowments each of 2021-22 and 2022-23 were distributed. Dr. T.P. Ashraf, Principal of Keyi Sahib Training College was the Chief Guest. He appreciated S.E.S. College for instituting these much endowments.









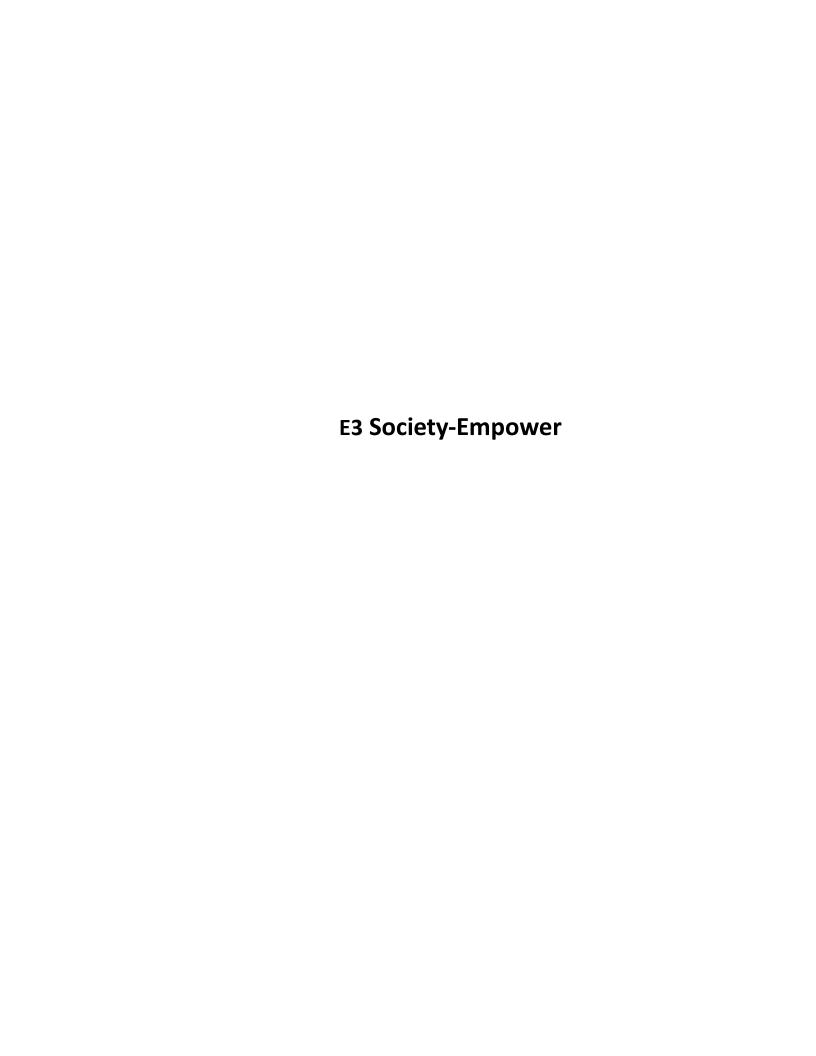








E3 Society-Empower, Environment, Empathy



SAMVADHAM IN ASSOCIATION WITH JILLA KUDUMBASREE MISSION -27-1-2023

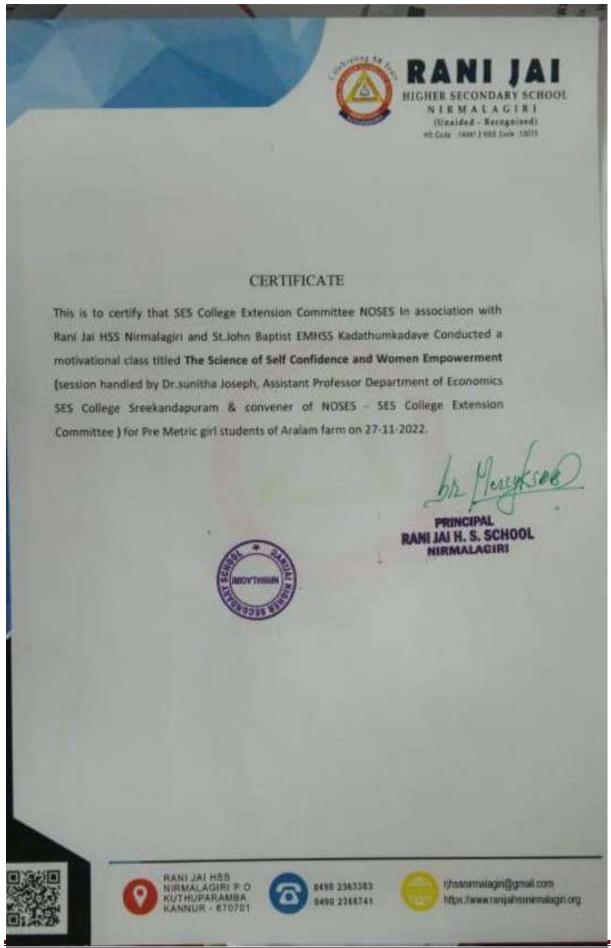
SES College Extension committee (NOSES) and District Kudumbhashree Mission jointly Organized a Debate on Gender Status Equality Against League Based Inequality named "Asan's Sita and Matangi 100 years later". The debate inaugurated by Dr. KV hilomina (Chairperson Sreekandapuram Municipality). Smt. Susmita (Assistant Professor Sir Syed Institute Thaliparamba) Smt. Jisha C, (Thdikkadave GHSS) Smt. Anitha MM (Kutumbashree Mission) and Shri .Nirmal C (Assistant Professor SES College) were presented papers on the subject.



NOSES WOMEN EMPOWERMENT PROGRAMME on 27-11-2022

SES College Extension Committee NOSES In association with Rani Jai HSS Nirmalagiri and St.John Baptist EMHSS Kadathumkadave Conducted a motivational class titled The Science of Self Confidence and Women Empowerment (session handled by Dr.sunitha Joseph ,Assistant Professor Department of Economics SES College Sreekandapuram & convener of NOSES - SES College Extension Committee for Pre Metric girl students of Aralam farm on 27- 11-2022.





HELPING HANDS -Academic Extension programme

Awareness Program on Banking



SES college Sreekandapuram in association with the department of commerce conducted an academic extension program on 25-07-2022 at GHSS Malappattam at 3:00pm. This program was handled by 3rd year Bcom students. Students took classes on procedures on opening bank account, various schemes and financial services available. The delivered to plus two commerce students of AKGHSS Malappattam. 54 final Bcom students participated in the program.

WOMEN EMPOWERMENT PROGRAM

PAPER BAG MAKING TRAINING TO KUDUMBASREE UNITS



SES College Sreekandapuram Department of commerce organized an "Women empowerment program - extension activity "on 12/03/2023 Sunday. The program includes paper bag making training for kudumbasree units-Haritha kudumbasree Darmashala, Varnam kudumbasree Narath- onapparamba, Aiswarya kudumbasree Manoor, Nanma kudumbasree Pavanoor motta.

HELPING HANDS-SOCIAL EXTENSION PROGRAM

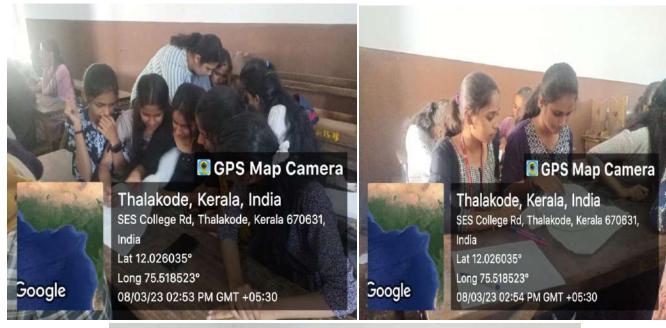
Basic computer education among SC students



SES college sreekandapuram Department of Commerce conducted an extension activity under helping hands program on 18/03/2023 Saturday 10am at SC colony Koralayi. The program includes Basic computer training among SC students. 59 student teachers participated in this session. The Program inaugurated by Prajeesh P (Secretary SC Colony). Welcome speech delivered by Jumaila K(Assistant Professor). Mrs Jasna P(Assistant Professor and HOD) and Dr Shyni MC(Assistant Professor) felicitated the programme. Vote of thanks delivered by Shamila KK(I BCom student).

Women Empowerment Programme

On March 8, in celebration of International Women's Day, the students of the Department of Commerce-BBA organized various women empowerment activities. Under the guidance of Ms. Anumol Thomas and Dr. Seena P P, Assistant Professors of the Department of Commerce-BBA, the students conducted embroidery training and threading sessions. These activities provided the students with new experiences and practical skills in embroidery, contributing to their personal and professional development. A total of 19 students attended the programme.





Connecting Science to Society (Academic Extension Activity)

We have organized a Chemistry exhibition for students Horizon Public School, Kolappa on 14^{th} October in celebrating **World Student's Day, the birth anniversary of Dr.APJ Abdul Kalam**. The exhibition included familarizing fantasies behind Chemistry, familarizing history of atoms, magical experiments in chemistry etc. The students found the programme interesting and knowledgeful. Participants ~ 99









Certificate of Appreciation (Academic Extension Activity)



CERTIFICATE OF APPRECIATION

This is to certify that BSc Chemistry students of SES College is awarded Certificate of Appreciation for having done an exemplary **Science exhibition** for high school students with regard to the celebration of World Students' Day, on commemoration of the birth anniversary of Dr. A.P J Abdul Kalam on October 14, 2022.

Programme Co-ordinator

SALIJA P.V.
Assistant Professor
Department of Chemistry
S.E.S College
andapuram-670631

MOG COMPANY OF THE PARTY OF THE

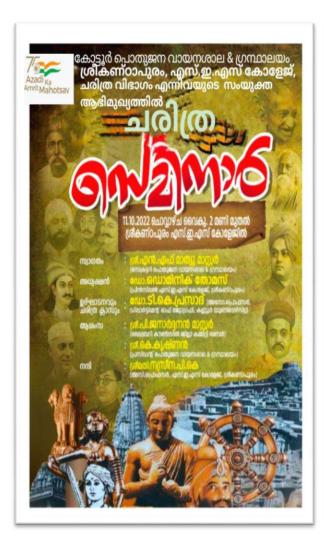
Principal

PRINCIPAL HORIZON ENGLISH SO KOLAPPA P. O. PATTANNUK KANNUR DT., KES

🔾 04602257242 🔯 e-mail: horizoneschool@gmail.com

EXTENSION ACTIVITY - 1

The Department of History organized a History seminar on October 11, 2022 in association with Kottur Public Library, in the afternoon. The inaugural session was handled by Dr. T.K. Prasad, Asst Professor, Department of Geography, Kannur University. 142 students participated in the History Seminar. The seminar helped in getting knowledge about knowing local histories.













EXTENSION ACTIVITY - 2

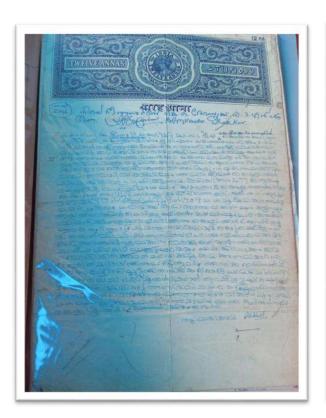
The Department of History collaborated with the Kerala Government Archaeology Department to conduct a archive collection as part of the installation of the Migration Museum at Chempanthotty. 20 students of Ist year B.A. English extended their service to collect archival pieces and monuments from the houses of Chempanthotty and nearby premises. The archive collection was conducted on Feb 21, 22 and 23, 2023 consecutively.













Science exhibition - Extension1

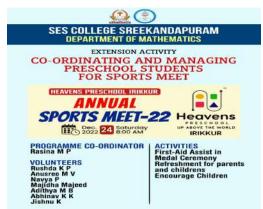
Science exhibition was conducted by department of mathematics students for UP and High school students of horizon English school kolappa in commemoration of the birthday of A P J Abdulkalam, inaugurated by Joshi p Thomas, principal horizon English school kolappa on 14/10/2022. 8 students conducted this exhibition.



Extension activity-2

Coordinating and managing pre school students for sports meet
Department of mathematics students decided to coordinating the annual sports meet
2022 of HEAVEN PRE SCHOOL, Irikoor.the following activities are done by our
students

- First-aid assist in
- Medal ceremony
- Refreshments for parents and childrens
- Encourage childrens
- Coordinating sports events







ANTI-DRUG PROGRAMME (Flash mob)

14-10-2022

NSS volunteers with the objective of preventing youth from drug abuse arranged a Flah mob inside the campus premises.30 vlunteers participated in this programme

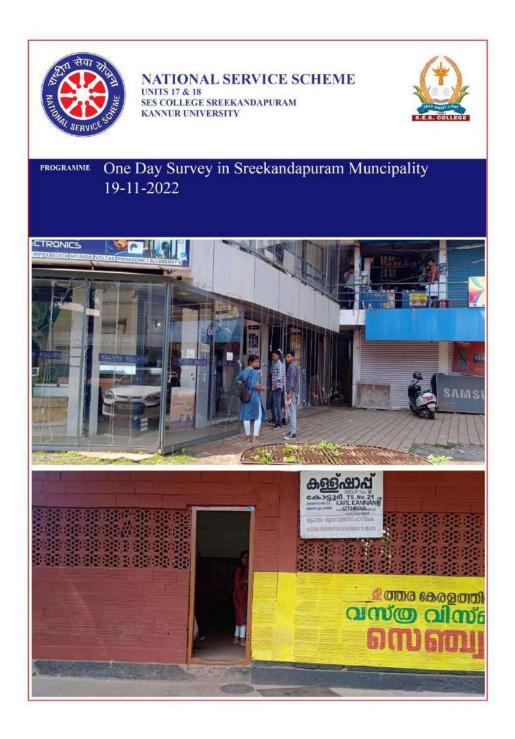


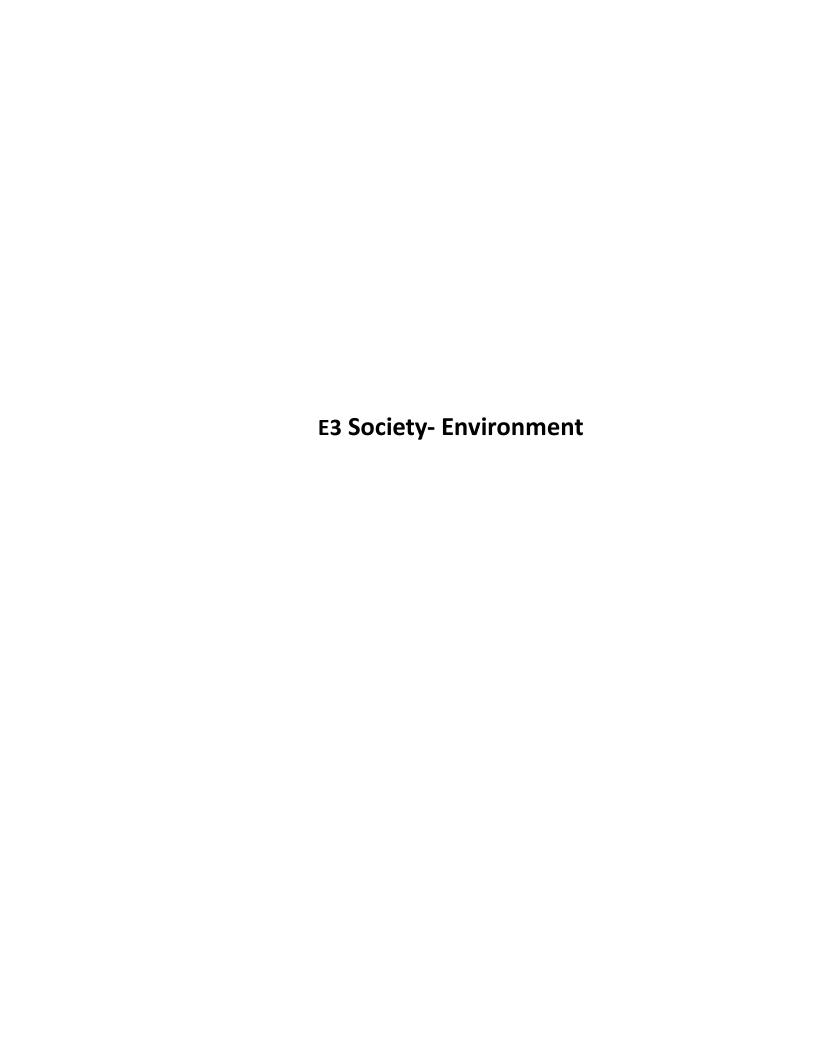
ONE DAY SURVEY IN SREEKANDAPURAM MUNCIPALITY

19-11-2022

Changes and possibilities brought about by Urbanisation

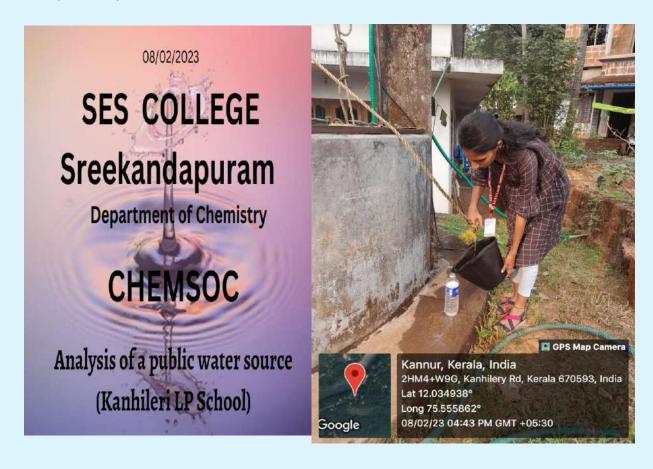
NSS units 17 & 18 conducted a one day survey in association with Kerala Sasthra Sahithya Parishath in Sreekandapuram Muncipality for examining the change and possibilities brought about by Urbanisation in Sreekandauram town. 67 vulunteers participated in the survey.



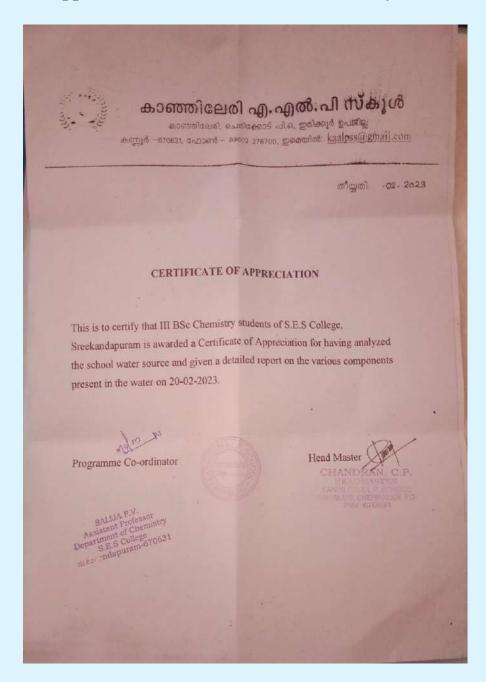


WATER ANALYSIS FROM PUBLIC WATER SOURCE (Academic Extension Activity)

The water from Kanhileri L.P School well was taken for analysis on 8^{th} February 2023 by the 3^{rd} BSc Chemistry students of S.E.S College as part of extension activity. We received an appreciation letter from the headmaster of Kanhileri LP School for this activity. Participants ~ 25

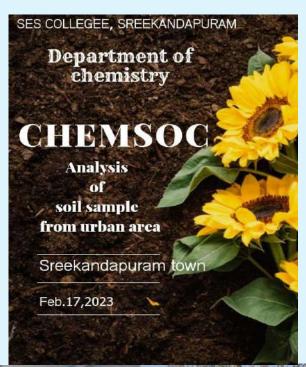


Certificate of Appreciation (Academic Extension Activity)



ANALYSIS OF SOIL SAMPLE FROM URBAN AREA (SREEKANDAPURAM TOWN)

The Soil sample from Sreekandapuram town was collected for analysis by the 3^{rd} BSc Chemistry students of S.E.S College on 17^{th} February 2023. Participants ~ 25





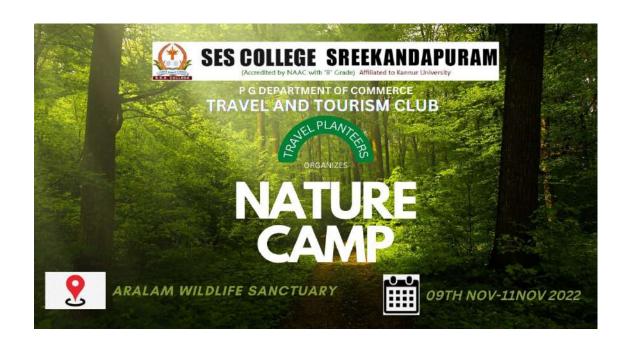
VISIT TO DISTRICT SOIL TESTING LABORATORY

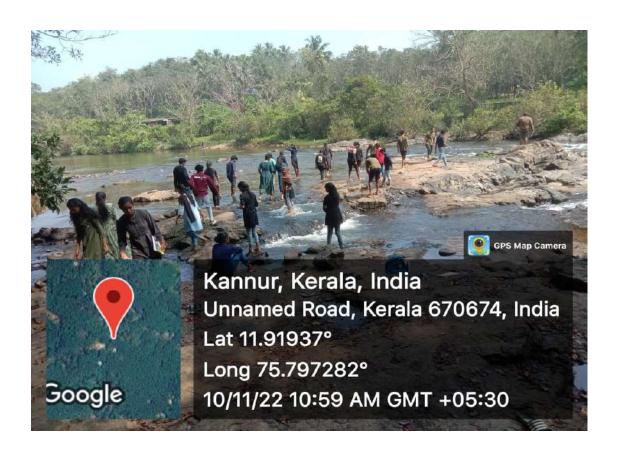
The students of 3^{rd} BSc Chemistry visited the District Soil Testing Laboratory, Karimbam, Kannur on 20^{th} February 2023. The soil samples were analyzed and the report were obtained. Participants ~ 14











PRE-MONSOON CLEANING 11/05/2022

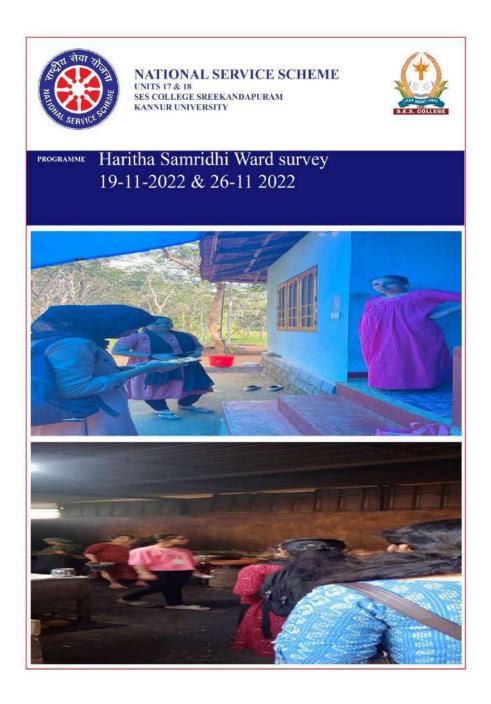
Sreekandapuram: The NCC unit of S.E.S. College Sreekandapuram conducted a premonsoon cleaning in association with Sreekandapuram municipality at Sreekandapuram town on 11th May 2022. Kannur district collector S Chandrasekar IAS inaugurated the programme. The NCC unit of S.E.S College Sreekandapuram & Sreekandapuram municipality takes all efforts to make the town and its surroundings neat and clean. Garbages, mainly plastic bottles and carry bags and other waste materials are removed from the drains and the surrounding places of Sreekandapuram town. 14 NCC cadets joined the cleaning mission. The program was a great success with the active participation of NCC cadets, the Sreekandapuram municipality and the villagers.



HARITHA SAMRIDHI WARD SURVEY

19-11-2022 & 26-11 2022

NSS vulunteers in association with Haritha Kerala Mission conducted a one day survey for identifying haritha samrudhi ward in various wards in Malapattom panchayath. 67 vulunteers took initiative for completing the survey.

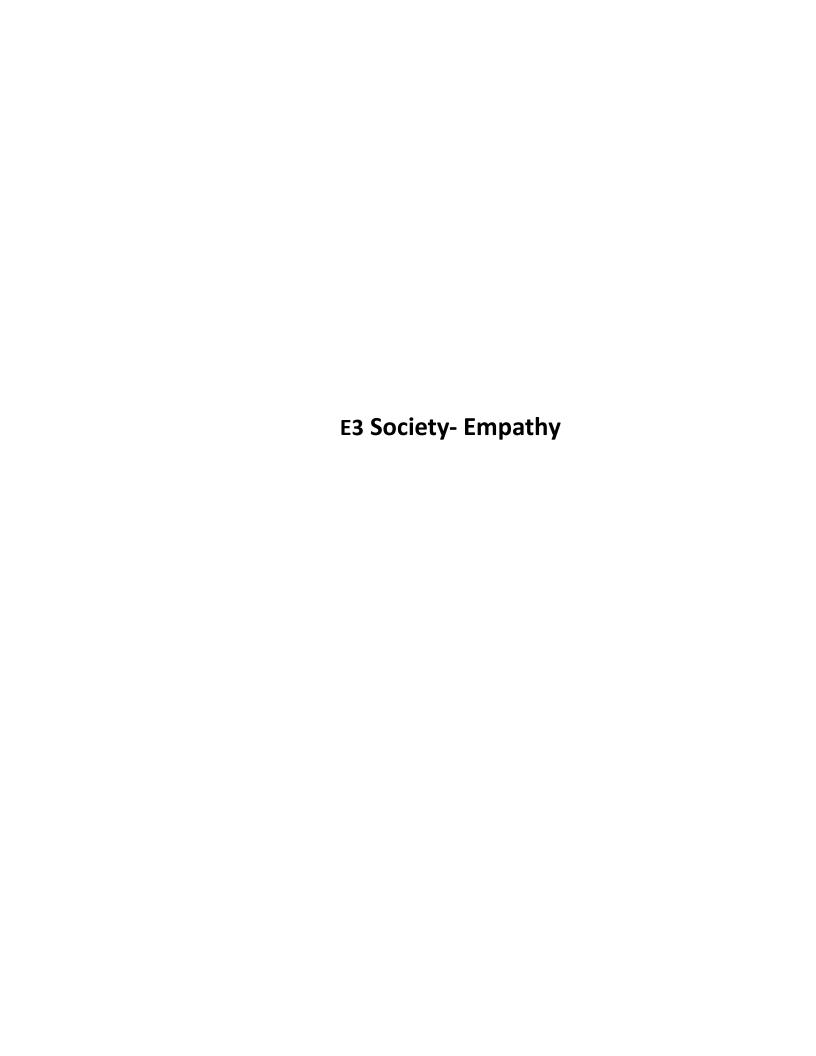


CLEANING OPERATION MALAPATTOM GRAMAPANCHAYATH

26-11-2022

NSS vulunteers took initiative for cleaning the various wards in Malapattom Gramapanchayath. 68 volunteers actively participated in the programmme with Haritha Karma sena.





HAIR DONATION CAMP in association with HHS Chapparapadave & Samaritian Palliative Care Society on 4-2-2023

A hair donation camp was organized on the occasion of World Cancer Day. The program was organized under the joint leadership of Samaritan Palliative Care Society, SES College and Chaparpadav Higher Secondary School.









കേശദാനം നടത്തി



ലോക അർബുദ ദിനത്തോടനുബന്ധിച്ച് ചപ്പാപ്പെടവ് ഹയർ സെക്കൻഡറി സ്കൂളിൽ നടത്തിയ കേശദാനം ഡോ. കെ.ജെ. ലില്ലി മുടിമുറിച്ച് ഉദ്ഘാടനംചെയ്യുന്നു

ചപ്പാരപ്പടവ്▶ ലോക അർബുദ ദിനത്തോടനുബന്ധിച്ച് കേശ ദാനം സ്തേഹദാനം എന്നപേ രിൽ കേശദാനം നടത്തി. ശ്രീക ണുപുരം ആസ്ഥാനമായ സമരി റ്റൻ പാലിയേറ്റീവ് കെയർ സെ ന്ററിന്റെയും ചപ്പാരപ്പടവ് ഹയർ സെക്കൻഡറി സ്കൂറം എൻ.എസ്. എസ്. യൂണിറ്റിന്റെയും ശ്രീകണ് പുരം എസ്.ഇ.എസ്. കോളേജി ന്റെയും നേതൃത്വത്തിലായിരുന്നു പരിപാടി.

പ്രൊഫ. വി.ഡി. ജോസഫ് ഉദ്ഘടനംചെയ്യു. ഡോ.

കെ.ജെ. ലില്ലി കേശസ്വീകര ണം നിർവഹിച്ചു. സി.എം. ഹംസ തടിക്കടവ് അധുക്ഷത വഹിച്ചു. ഫാദർ ബിനു്പൈ മ്പിള്ളിയിൽ മുഖ്യാതിഥിയാ യി. എൻ.എസ്.എസ്. പ്രോ ഗ്രാം ഓഫീസർ കെ. അനിത, ഫാ. അതിൻ മനക്കപറമ്പിൽ, കെ.വി. ശശിധരൻ, ഡോ. സുനിത ജോസഫ്, വിചിത്ര വിനോദ്, കെ.പി. മുഹമ്മദ് അൻ വർ, കെ. സനീഷ്, ജെയ്സി ജോസ്, രാഗേഷ് എന്നിവർ സം സാരിച്ചു.

वाद्याविक्राधिक കേശദാനം നടത്തി

മ്പാരക്കാർ: ചച്ചാരച്ചടവ് ഹമർ സെക്കൻവാറി സ്ക്ൾ എൻഎ സ്എസ് മൂണിറ്റിന്റെ കീഴിൽ സ മരിറ്റൻ പാലിയേറ്റിവ് കെയറിന്റെ യും എസ്ഇഎസ് കോളജ് ശ്രീക ണ്ഠപുരം, അൽഫോൻസാ ഇം ്രക് മിഡിയം സ്കൃശ് കി ഴപള്ളിയുടെയും സഹകരണ ത്തോടെ കേശദാന ക്യാസ് നട ത്തി. വിദ്വാർഥികളും ക്ഷേിതാ ക്കളും കേശം ദാനം ചെയ്തു. പ്ര ഫ വിഡി ജോസഫ് ഉദ്ഘടനം ചെയ്തു. സ്കൃശി പിടിഎ പ്രസി ഡത് സി.എം ഹാസ തടിക്കടവ് काणुस्समा वान्त्रीच्या नका क्योता ख्नामार्ख्डाकाष्ट्रमान्य कांगीं का एपता का യിരുന്നു. എൻഎസ്എസ് പോ ഗ്രാം ഓഫീസർ കെ. അനിത ത ജോസഫ്, ഡോ. കെ.ജെ ലി ല്ല്, വിചിത്ര വിനോദ്, കെ.പി. മാ ഹമ്മദ് അൻവർ എന്നിവർ പ്രസം

റോബിൻ താരാമംഗലം, കിര ആദിമുഖ്യത്തിൽ സെൻറ് ആന് ണിസ് ലാബിന്റെ സഹകാണ ൺ മുള്ളൻമടക്കൾ, സോഫിയ, ത്തോടെസൗജന്യ ഷ്യാർ,പ്രഷ സജി ഇല്ലിക്കമുറി ത്യടങ്ങിയവർ ർ പരിശോധന ക്യാമ്പ് സംഘടി പരിശോധനയ്ക്ക് നേത്യത്വം ന भीका इस्ते विकासिक का छोती.



07/02/2023 THALIPARAMBA Pg 13



HELPING HANDS-SOCIAL EXTENSION PROGRAM One day visit to old age home





The Department undertook an extension activity. It was a visit to an old age home , Karunalayam, Chemberi .The objective was to interact and spend a little time with inmates. The programme was conducted on 17 January 2023. 55 students of II Year Bcom participated in the programme. Students organized several cultural programmes to entertain the inmates and gave donations.

EXTENSION ACTIVITY-BALIKA SADHAN ORPHANAGE VISIT

The Department of Commerce-BBA of S.E.S College, Sreekandapuram, conducted a community engagement program on 2nd July 2022 as a part of their extension activities. The final year BBA students, accompanied by Dr. Sajeesh T J, HOD of the Department of Commerce-BBA, and Dr. Seena P P, Assistant Professor in the Department of Commerce-BBA, visited Balika Sadhan Orphanage at Pallikkunnu, Kannur. On behalf of S.E.S College, the BBA students presented various programs and provided food for the inmates of Balika Sadhan. A total of 29 students participated in this extension activity.

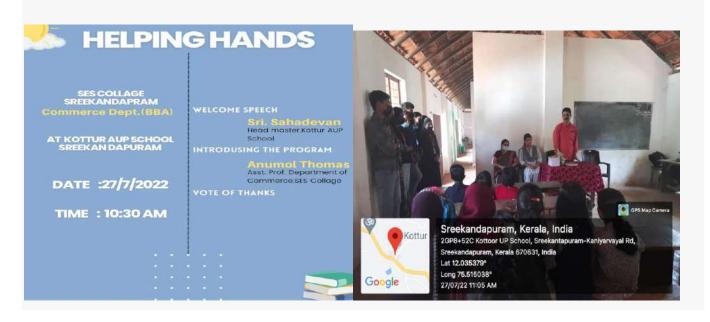




Department of Commerce-BBA Activity Report 2022-2023

EXTENSION ACTIVITY-KOTTUR A.U.P SCHOOL VISIT

On 27 th July 2022, the Department of Commerce - BBA of SES College Sreekandapuram visited Kottur A.U.P. School as part of their extension activities. The visit was graced by the presence of Ms. Anumol Thomas, Assistant Professor in the Department of Commerce of BBA. A total of 35 students from the second year of BBA participated in the activity. Mr. Sahadevan, the Headmaster of Kottur A.U.P. School facilitated the program. Under the auspices of SES College, Ms. Anumol Thomas spoke to the students and other school officials, sharing valuable insights and knowledge. The program concluded with the distribution of study materials to the students of classes 1 and 4.





EXTENSION ACTIVITY-OLD AGE HOME VISIT

The Department of Commerce, BBA of SES College Sreekandapuram, visited an old age home, Azhikode, on 6th March 2023 as part of their extension activity. Dr. Sajeesh T J, HOD of the Department of Commerce (IQAC Coordinator), and Ms. Anumol Thomas, Assistant Professor, accompanied the students. The students reached the old age home at 10:30 am. They performed various programs such as dancing, singing, etc., with the residents. The program concluded with the distribution of lunch. A total of 34 students participated in this extension activity.







EXTENSION ACTIVITY-CHEMPERI KARUNALAYAM

The Department of Commerce-BBA of S.E.S College, Sreekandapuram, conducted a community engagement program on 16th march 2023 as a part of their extension activities. The first year BBA students, accompanied by Dr. Sajeesh T J, HOD of the Department of Commerce-BBA, visited chemperi Karunalayam on behalf of S.E.S College, BBA students presented various programs and provided food for the inmates of Chemperi Karunalayam. A total of 39 students participated in this extension activity.





SOCIAL EXTENTION ACTIVITY

PG Department of Commerce conducted a social extention activity- Donation of books to Kottur AUP School Library. All these books are donated by second year B.Com CA students on 12th August 2022.



SOCIAL EXTENSION PROGRAMME

19/06/2022

The special school "San Georgia" in Sreekandapuram was visited by students from the Economics department. They visited with them for a couple of hours and gave them gifts. conducted a cultural programme there with the participation of the pupils. They all took part with great joy and curiosity.



ACADEMIC EXTENSION PROGRAMME 10/09/2022

The students of Economics department has taken classes for the school children in the nearby schools. The low achievers among the students were selected and given classes in basic science and maths. It has helped a lot for them to excel in these subjects. Individual attention is also given to each students. For the student teachers, it has lead to the development of their teaching skill as well as presentation skill. The programme was a big success.



SOCIAL EXTENSION OF 2021-24 BA English Batch in 2022-23: A VISIT TO SAMARITAN HOME, CHENGALAYI.

A social extension program was conducted on 14 th November 2022 by the second year BA English students. In the leadership of our Department Head, Mr. Samson Rajan and other teachers, the students visited an old age home. It was a great experience and there were a lot of cultural programmes and entertainments by the students such as singing and dancing. It was a great pleasure to state that the members of Samaritan Home also participated in those. An interaction was also held with the inmates. The day was a memorable and more productive one. An amount was handed over to the community. It was a special opportunity for the students to become more aware of the society and social reality. It was really a marvellous occasion to remember and a foundation to do more. Through this, students could study many things beyond the text book.



ACADEMIC EXTENSION PROGRAMME OF 2022-23: TOOK CLASS FOR VIIth GRADE STUDENTS, KOTTUR U P SCHOOL

An academic extension programme was conducted on 9th January in 2023 at Kottur UP School, Sreekandapuram by the second year English students Fathimathul Rimzana, Safwana KS and Shanima EP. With the mentorship of our department head, asst. Prof Samson Rajan students could complete the session perfectly. Students had a great experience of teaching and the previlege one could have. One acquire teaching experience through different avenues and it is always a good idea to explore opportunities thoroughly. In there we could activate all the students, and happy to say that the students answered all the questions properly.

CONNECTING TO COMMUNITY-ACADEMIC EXTENSION

On 8th March,2023,as part of the academic extension of final years ,four students took class for IXth standard students at Maryland High School ,Madampam.They were accompanied by the Head of the Department Mr Samson Rajan.It was really a great experience for the students as they got an opportunity to interact with the students



WORLD THEATRE DAY- QUIZ COMPETITION

The Department of English conducted a quiz competition as part of the World Theatre Day on 27th March,2023. Gopalakrishnan P R,Assistant Professor ,Department of English was the quiz master. Seven teams participated in the quiz competition .Sandra M and Vismaya Vinod of I B.Com bagged first prize in the quiz competition

CONNECTING TO COMMUNITY-ACADEMIC EXTENSION

On 8th March,2023,as part of the academic extension of final years ,four students took class for IXth standard students at Maryland High School ,Madampam.They were accompanied by the Head of the Department Mr Samson Rajan.It was really a great experience for the students as they got an opportunity to interact with the students



WORLD THEATRE DAY- QUIZ COMPETITION

The Department of English conducted a quiz competition as part of the World Theatre Day on 27th March,2023. Gopalakrishnan P R,Assistant Professor ,Department of English was the quiz master. Seven teams participated in the quiz competition .Sandra M and Vismaya Vinod of I B.Com bagged first prize in the quiz competition





SOFT SKILL DEVELOPMENT PROGRAMME

The Department of English conducted a soft skill development programme on 30th March,2023.Mrs. Nimisha C, Skill Development Executive,ASAP was the resource person for the session.The session highlighted on the Importance of team work and collaboration for a successful career. The students were really thrilled with the activities done in the session and were really motivated.





Extension activity3- helping hand

Students of mathematics department had given learning material to the financially backward childrens of handicapped parents on 18/02/23 at little flower school Kottur.

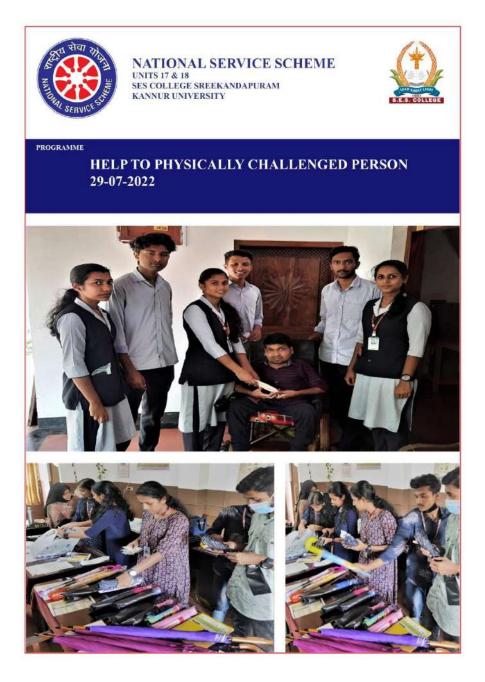




HELP TO PHYSICALLY CHALLENGED PERSON

29-07-2022

NSS units 17 &18 took initiative for helping physically challenged person named Prajeesh who is residing in the nearest village of our college. The NSS volunteers collected umbrella made by Prajeesh and make arrangements for selling the same. 68 volunteers actively participated in the selling process and they handed over Rs 65000/ to Prajeesh and his family.



WE CARE PROJECT INAUGURATION

20-09-2022

As a part of We care project NSS unit 17 & 18 conributed Rs 3000/-

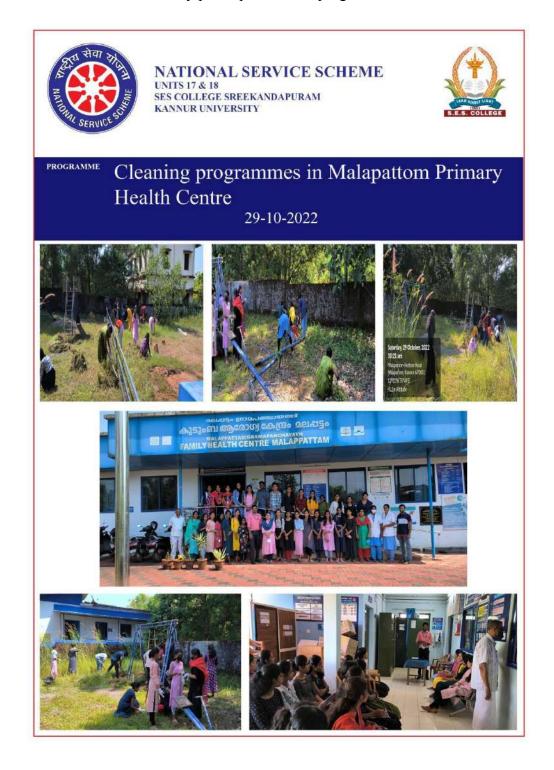


Cleaning programmes at

PRIMARY HEALTH CENTRE, MALAPATTOM

29-10-2022

NSS volunteers in association with Malapattom PHC took initiative for cleaning the health centre. 67 volunteers actively participated in the programme.



ASWINI SAHAYA NIDHI

09-02-2023

NSS volunteers took initiative for helping the 23 year old girl named Aswini who is suffering a severe disease. The 67 volunteers collected amount of Rs11,111 and donated to the concerned authority of Aswini Sahaya Nidhi.



A PROGRAMME FOCUSING ON TRIBALS

26-03-2023

NSS unit 17 and 18 undertook a tribal development programme in Iritty Taluk. The 13 vulunteers conducted an anti drug awareness programme and they also entertained the tribal children by giving lot of games. The chidren enjoyed the programme very much and the vulunteers actively participated for this programme.

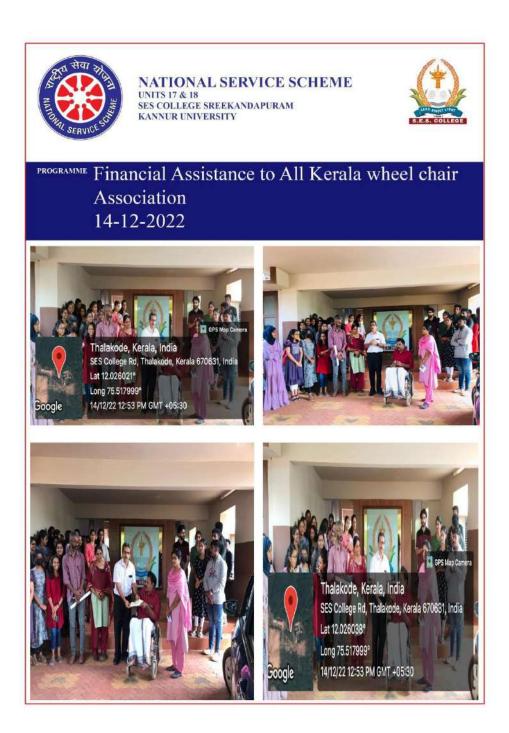


FINANCIAL ASSISTANCE

TO ALL KERALA WHEEL CHAIR ASSOCIATION

14-12-2022

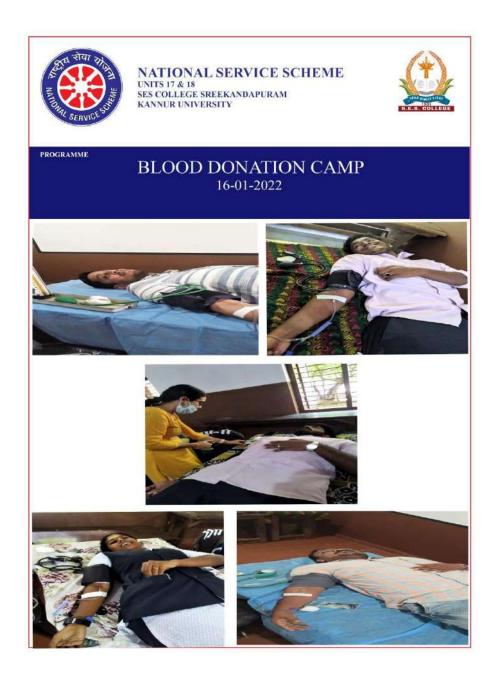
The NSS volunteers of Unit 17 and 18 took initiative for helping the differently abled persons. As a part of this the 69 vulunteers collected Rs 80,500/- and donated to the wheel chair association.



BLOOD DONATION CAMP

16-01-2022

NSS Vulunteers of Unit 17 &18 organised a blood donation camp in association with Kannur District Hospital Head Quarters Blood Bank. 75 students and faculties actively participated and donated 46 units blood.



SOCIAL EXTENSION PROGRAMME- VISIT TO OLD AGE HOME

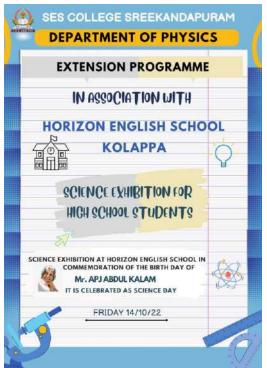
As a part of social extension programme, students as well as teachers of the department visited The Samaritan Old Age Home, Chengalayi on 26 August 2022 at 10am. Students handed over some essentials and conducted various programmes as a token of love.30 students visited the Home.



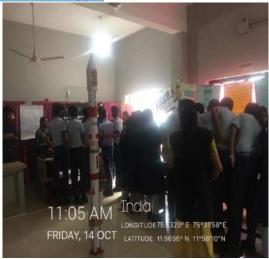




7. Extension Towards Society-1: Science Exhibition at Horizon English School, Kolappa (14/10/2022)







Students got an opportunity to explore their practical skill towards society by conducting Science exhibition at an school at Kolappa on 14.10.2022. The event became a grant success and all students of Horizon English school eagerly observed the same.

17. Extension to Schools (3):

Students from Physics department visited nearby school MaryLand on March 7th and explained various experiments conducting in the Laboratory.







